

Beaver Valley Bulletin

BEAVER VALLEY BULLETIN ELECTRONIC

To receive the newsletter electronically, please send your email address to info@village.fruitvale.bc.ca.
Paper copies are available at the Village of Fruitvale Office.
<https://fruitvale.ca/residents/newsletters/>

OCTOBER 2026



www.fruitvale.ca



www.rdkb.com



www.montrose.ca

The content of this bulletin has been provided by individual user groups. Any inquiries should be directed to the respective organization.



2026 GENERAL MUNICIPAL ELECTION!!



The 2026 Municipal Election will be held on **Saturday, October 17, 2026** 8:00 am to 8:00 pm
at the Fruitvale Memorial Centre. Electors will elect:

- One (1) Mayor
- Four (4) Councillors

Advance Voting opportunity will be held at the Village Office on **Wednesday, October 7, 2026** from
8:00 am – 8:00 pm.

Special Voting will be available to qualified electors who are residents of Mountain Side Village and
Beaver Valley Senior Citizens Manor on **Wednesday, October 14, 2026**.

Mountain Side Village
(135 Mountain Side Drive)
from 10:00 am to 12:00 pm

Beaver Valley Senior Citizens Manor
(24 Laurier Avenue)
from 1:00 pm to 3:00 pm

HAPPY THANKSGIVING

**Holiday Closure Notice
October 12, 2026.**

**The Village of Fruitvale Office and Public
Works will be closed due to the holiday.**

**In case of an emergency,
please call 250-231-0134.**



VOTER INFORMATION & ELIGIBILITY



Voter Eligibility

To be eligible to vote in general local elections or by-elections as a resident property elector, a person must:

- Be 18 years of age or older when they register to vote, or 18 years or older on general voting day
- Be a Canadian citizen
- Have been a resident of B.C. for at least six months before they register to vote
- Be a resident of the municipality, on the day of registration
- Not be disqualified under the Local Government Act, or any other enactment, or bylaw from voting in a local election.

Non-Resident Property Electors

When a person lives in one jurisdiction and owns property in one or more jurisdictions, they may vote once in each of the other jurisdictions where they own property, as long as they meet the voter eligibility requirements.

If a person owns a property with one or more other individuals, only one person is eligible to vote as the non-resident property elector for that property. The owner entitled to vote must be designated, in writing, by the majority of the property owners.

A person cannot vote on behalf of a corporation, or as a non-property elector, based on a property owner wholly or in part by a corporation.

Students

Students who live in one jurisdiction and attend an educational institution in a jurisdiction different from their usual place of residence may vote only once, either in the jurisdiction where they attend school or in the jurisdiction that is their usual place of residence.

What identification is required to vote?

In accordance with Provincial legislation, if a person is already registered on the votes list, there is no ID requirement at the time of voting, although a solemn verbal declaration will have to be made by the elector prior to receiving a ballot, to ensure that they are the person named on the voters list. Although it is not required to vote, staff may ask if you have ID in an effort to help speed up the process during the ballot assignment. If person is not already registered on the votes list, and they are eligible to vote, the following ID requirement must be met when registering at the time of voting:

- At least two ID documents must be shown that provide evidence of the person's identity and place of residence, at least one of which must contain the person's signature.

OR

- At least two ID documents must be shown that provide evidence of the person's identity, at least one of which must contain the person's signature, and make a solemn declaration as to the person's place of residence.

Acceptable forms of identification include:

- BC Driver's License
- BC ID Card
- BC Care Card or BC Gold Care Card
- BC Services Card with or without photo
- Social Insurance Number Card



- Certification of Vehicle Insurance (ICBC)
- Canadian Citizenship Card
- Credit Card or Debit Card
- Property Tax Notice
- Utility Bill



AREA A

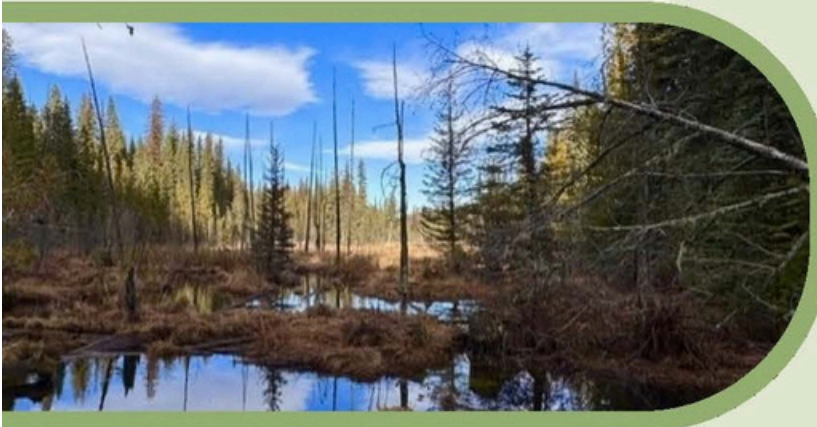
DIRECTOR ALI GRIEVE

October Newsletter

With Gratitude

My heartfelt thanks to Area A residents for your continued support as I begin what will likely be my final term as your Director. It has been a privilege to serve this community for the past 21 years, and I look forward to working on your behalf for the next four.

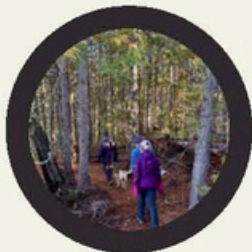
My commitment remains the same: listen carefully, speak honestly, work hard, and put Area A residents first. Please reach out with your thoughts, questions or concerns. Your voice matters, and staying connected helps me represent you well.



Staying in Contact

Residents are welcome to attend our public meetings. You can find upcoming dates here: [RDKB Meeting Schedule](#).

I can be reached at agrieve@rdkb.com or 250.368.7240



BC Parks: Continuing to Push for Longer Camping Seasons

We continue to advocate for longer camping seasons at Champion Lakes and Beaver Creek provincial parks—an issue Beaver Valley representatives have raised through numerous meetings and letters.

Recently, Mayor Wes Startup, MLA Steve Morissette and I met with Minister Tamara Davidson and her staff to follow up on discussions held at last September's Union of BC Municipalities conference. Our central question was straightforward: had our request been considered, and what progress could residents expect?

In my view, the meeting was disappointing, with little indication of meaningful progress. However, I made it clear that, with another term ahead, I will continue pursuing this issue on our community's behalf.

We recognize the financial pressures facing all levels of government. We also believe rural British Columbians deserve equitable access to provincial parks and the recreation opportunities they provide. These parks matter to local families, visitors and businesses, and we will keep making that case.

Thank you to Wes and Steve for their continued efforts and support. This conversation is far from over, and I will keep you informed.



Share your voice. Shape the future. Stay connected & informed.

<https://jointheconversation.rdkb.com/>



Mayor Wes Startup Village of Fruitvale



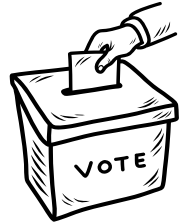
Mayor's Message, October 2026 Bulletin

As the colours of autumn start to show across the Beaver Valley and the shadows grow longer, the days shorter and the evenings cooler I'm grateful for the changing of the seasons.

Speaking of changes, we are also in the municipal government election season, a period of time where I hope all residents of Fruitvale will take time to think about our Village and what issues are important to our community.

Most importantly I encourage residents to get out on October 17th and vote.

I'm giving a shout out to all those who have put their names forward to run the upcoming election, thank you for participating in our community. I'm also very grateful for those who have served on Council but will not be on the next one – thank you for your service.



The sitting Council has witnessed a lot of change over the last four years. Our Child Care Centre opened, Blizzard Place opened, and work has started on the park by our Community Hall.

These are visible accomplishments but the reality is that a lot of effort is employed at the Council table and other meetings. More importantly, our Village Staff works very hard behind the scenes to deliver services to our residents and manage the day to day operations of Fruitvale. My time on Council has shown me that together, working as a Team, Staff and Council can be a very effective combination and can make real and positive differences to our community. I hope this continues into the future.

See you all at the polls on October 17th.



COUNCIL MEETING

Village of Fruitvale Council meets generally the 2nd Monday of the Month at 6pm. Public is invited to join in person in Council Chambers, 1947 Beaver Street or via zoom - Zoom Meeting: <https://us02web.zoom.us/j/3353726693>
Meeting ID: 335 372 6693
Next Regular Council meeting is **Tuesday October 13, 2026.**



***New Village of Fruitvale Office Hours
Monday to Friday 8:30 am to 4:00 pm***



Village of Montrose
Office Hours - Monday to Friday
8:30–noon -1:00 – 4:30 p.m.
250-367-7234

admin@montrose.ca / www.montrose.ca

VILLAGE GARBAGE COLLECTION SCHEDULE CHANGE

Due to upcoming statutory holidays, the following garbage collection dates have been changed:

- Wednesday, September 30 collection will occur on Tuesday, September 29.
- Wednesday, November 11 collection will occur on Tuesday, November 10.

GFL recycling and Green Bin pickup will continue to occur on Wednesday, September 30 and Wednesday, November 11.

If you have any questions regarding Green Bin or recycling pickup, please contact GFL at 250-367-0099

Reminder for Montrose Residents

Please have your garbage at the curb by **7:30 a.m.** on your collection day to help ensure it is picked up.

Please note that regular garbage collection routes may change.

2026 GENERAL LOCAL ELECTION

Advance Polls

- Wednesday, October 7 | 8:00 AM – 8:00 PM
- Thursday, October 15 | 8:30 AM – 12:00 PM & 1:00 PM – 4:30 PM
- Friday, October 16 | 8:30 AM – 12:00 PM & 1:00 PM – 4:30 PM

General Voting Day

Saturday, October 17 | 8:00 AM – 8:00 PM

Voting Location

Village of Montrose Office

565 11th Avenue, Montrose

🎃 MONTROSE REC HALLOWEEN – OCTOBER 31 🎃

Join Montrose Recreation for our annual Halloween Night Hot Dog & Hot Chocolate at the Community Hall! Stop by the Community Hall from **6–8 PM** for a hot dog and hot chocolate while you're out enjoying the evening.

FALL LEAVES & BRANCHES PICKUP

Curbside pickup for Montrose Residents is scheduled for Thursday, November 9. All materials must be at your regular garbage pickup spot by 7:30 AM to avoid being missed.

Collection guidelines:

- Branches must be bundled (**maximum 4 feet long and 3 inches in diameter**) and securely tied.
- Leaves and clippings must be placed in compostable kraft bags or open plastic totes (maximum 40lbs.) - plastic bags are no longer accepted.

The dumpster service will be available again for Montrose Residents. Please contact the Village for more information or download the BCITI app to stay up to date.

2026 OUTSTANDING UTILITIES & TAXES

Reminder to Montrose Residents: All outstanding water and sewer utilities are due on December 31st, 2026. On January 1, 2027, unpaid utilities are transferred to taxes in arrears and will be subject to interest charges. Any unpaid current taxes or unclaimed Homeowners Grants will be transferred to taxes in arrears on January 1, 2027, if not paid or claimed by December 31, 2026. If you have any questions regarding 2026 utilities or taxes, please contact the Village Office.

CRIB & WHIST NIGHTS

Please note the revised dates for Crib & Whist:

September 8 & 22, October 6 & 20, November 3 & 17, December 1 & 15

Montrose Hall

7:00–9:30 PM

\$2.00 per player

Refreshments and prizes!

A fun night for everyone!

Want to learn the games? Contact Linda at 250-367-7126.

MESSAGE FROM THE BV MANOR SOCIETY - 50TH ANNIVERSARY

Beaver Valley Manor Society is proud to announce a special celebration marking the 50th anniversary of the opening of the Beaver Valley Manor. The Beaver Valley Manor has served the Beaver Valley community since opening its doors in 1976. For 50 years, the Manor has provided a place where residents can call home while remaining connected to friends, family, and the wider community.

A Half-Century of Community

When Beaver Valley Manor first opened in 1976, it represented an important addition to the community. Fifty years later, its legacy continues through the relationships built between residents, caretakers, volunteers, and neighbours.

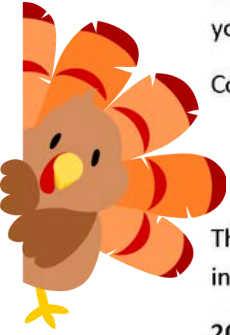
The anniversary celebration will recognize not only the building and its history, but the many individuals and organizations who have made Beaver Valley Manor a special place over the years. Its history is built on the dedication of residents, families, employees, volunteers, and community members and organizations who have contributed to its ongoing success.

Community members are invited to join the celebration and help honour 50 years of memories, friendships, care, and community at Beaver Valley Manor.

Event Details

The event will take place on October 4th from 2-4pm at the Beaver Valley Manor, Main Street Entrance – Recreation Room, Fruitvale.

For more information, please contact Loretta Jones at jones.loretta404@gmail.com





THE VILLAGE OF FRUITVALE REMINDER NOTICES



NOTICE TO VILLAGE OF FRUITVALE RESIDENTS

FALL CLEAN-UP

is scheduled for

Friday, October 16 and Monday, October 19

**The McKelvey Creek Trail Landfill will no longer accept
Clear plastic bags!!!**

All yard waste must now be in brown compostable paper bags or in bins not exceeding 50lbs.

Pickups will be **October 16th & 19th.**

Please have all compostables out by Friday October 16th.

**YARD & GARDEN WASTE PAPER BAGS CAN BE PURCHASED AT
MOST HARDWARE STORES IN OUR AREA**

Village of Fruitvale Water and Sewer Utilities Reminder

**Outstanding water, sewer utilities are due
October 31, 2026, to avoid a 10% penalty.**

**Payment of can be made by cash, cheque, online banking or
electronic transfer of funds (email: finance@village.fruitvale.bc.ca).**

**If you have any questions regarding 2026 utilities, please contact Misti
at the Village Office, 250-367-7551(ext. 3) or email
finance@village.fruitvale.bc.ca**



WINTER PREPARATIONS – BOULEVARDS AND PARKING

It's time for residents to prepare for the upcoming snow removal season, which means all items must be removed from boulevards, including but not restricted to:

***recreational vehicles *solar lights *basketball hoops
*construction material *flower planters/landscaping**

It also means that it's time for residents to find off-street and off-boulevard parking for their vehicles.

Residents with fences bordering Village streets are reminded to ensure their fences are strong enough to withstand loads from snow plowed and pushed back to widen streets.

Public Works takes extreme care when pushing back snow, but damage is possible.

The Village of Fruitvale is not responsible for damage to fences or other objects that may occur during the course of performing regular duties.

Thank you, Emily and Brynn,
for all your hard work this
summer in helping
to beautify the
Village of Fruitvale!

thank you



ONLY 3
FRUITVALE MARKETS
LEFT IN 2026!

1ST | 2ND | 3RD
PLACE PRIZES!

INCREDIBLE FARMERS MARKET -FRUITVALE-

PET CONTEST!

TUESDAY
SEPTEMBER 29
3PM - 6PM
POLE YARD LANE

INCREDIBLE FARMERS MARKET -FRUITVALE-

SPOOKTACULAR!

TUESDAY
OCTOBER 13
3PM - 6PM
POLE YARD LANE

Fruitvale Christmas Market

FRUITVALE MEMORIAL CENTRE

FRIDAY, NOV. 20TH | 4PM - 8PM
SATURDAY, NOV. 21ST | 10AM - 2PM

Food & Drink

Prizes

Free
to
attend!

Live
Music

Artisans

Interested in becoming a vendor?

Contact the market:

fruitvalesfarmersmarket@gmail.com

or visit our website:

incrediblefarmersmarket.com



Trash to Treasure



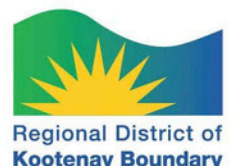
This 1-day event is your chance to help reduce waste by giving away your used household items and claiming old treasures from your neighbours!

Saturday OCTOBER 24, 2026

How to Participate

- 1 Collect unwanted household items.
- 2 Place them by the curb where treasure hunters can access them without disrupting traffic.
- 3 Create a sign to let treasure hunters know that your items are up for grabs.
- 4 Remove all your remaining items by 4:00 pm.

Download a sign for your lawn at
rdkb.com



Free Stuff

Trash to
Treasure



BRANCH 44 SENIORS

**Branch 44 Seniors at BV Manor
24 Laurier St, Fruitvale, BC**

Regular Meeting on October 28th, 2026 12:30pm

Seniors 50+ come join us, membership is \$15 for the year

**Mondays: Bingo 1:00-3:30pm
Wellness Wednesday 10:00 am - 1:00 pm.
Thursdays: Cards 1:00- 3:30pm**

**Carpet Bowling starts again October 13, 2026
We have practice session for Carpet Bowling
October 6th - 9:30-11:30 am.
Any inquiries please contact
Shirley 250-512-7777
Come out and try it see if you like it**

Call Brenda for more information 250 367 3839

BV Seniors Branch 44

**Saturday, Oct. 3rd. 10am - 2pm
White Elephant Table
Coffee & Muffin**

**Admission \$2
Children Free**



**WHITE ELEPHANT DROP-OFF FRIDAY, Oct 2nd, 2026 2pm-4pm
BV MANOR**



Beaver Valley Skating Club

2026 / 2027 REGULAR SEASON PROGRAMS

FALL: Sept 28 to Dec 18 2026 | WINTER: Jan 5 to Mar 19 2027



CanSkate - Offering sessions on Mondays, Fridays or Both

Designed for **all ages and abilities, including adults**. Whether you're stepping onto the ice for the very first time or looking to improve your skills, CanSkate provides a safe, supportive, and engaging environment to learn and grow.

Participants develop essential skating skills including balance, control, agility, and speed through fun activities, games, and progressive challenges. CanSkate also serves as the starting point for a variety of ice sports, including: Hockey, Ringette, Figure Skating and Speed Skating

CanSkate helps skaters gain the skills they need to move safely and confidently on the ice while having a great time along the way.

Mondays - 4:00-5:00 pm - starting Sept. 28 | Fridays - 4:00-4:45 pm - starting Oct. 2



Rising Stars - Sessions on Wednesdays and Sundays

Rising Stars is the exciting next step for skaters who are eager to explore the world of figure skating!

This program introduces skaters to the **STARSkate pathway**, where they begin developing essential figure skating skills including **jumps, spins, turns, edge work, and dance** through engaging group lessons and structured instruction. It's the perfect bridge between learning to skate and becoming a confident figure skater.

As skaters progress to **STAR 2 and above**, they can take their training even further by purchasing additional practice ice. These extra sessions provide valuable opportunities to build routines, gain confidence, prepare for competitions, and work toward **Skate Canada assessments and achievements**.

On ice training Sundays 12:30-1:00 pm & Wednesdays 4:00-5:00 pm - starting Sunday, Oct. 4

Off ice training Wednesdays 5:15-6:15 pm

STARSkate - Sessions Tuesdays, Wednesdays, Fridays

For skaters who love being on the ice and want to continue their skating journey, **STARSkate** offers exciting opportunities to develop skills, achieve personal goals, and reach new milestones.

Designed for skaters committed to advancing their abilities, these programs provide opportunities to refine technique, build confidence, and explore all aspects of figure skating. Whether your goal is personal achievement, creative expression, **Skate Canada assessments**, or competition, STARSkate allows every skater to progress at their own pace.

STARSkate 2 & up - Fridays 4:45-5:45 pm - starting Oct. 2 | Sundays 1:30-2:30 pm - starting Oct. 4

STARSkate 3 & up - Tuesdays 6:15-7:30 pm - starting Sept. 29

STARSkate early morning session - Wednesdays 6:15 am - 7:15 am - starting Oct. 7





TRUNK & TAILGATE SALE



2026 TRUNK & TAILGATE SUNDAY SALE

May3*June7*July5*August9*Sept13*October4

Join us for the next
yard-type sale to hit
Fruitvale!

Convert your good-quality
unwanted treasures to
CASH from the trunk of
your car or the back of
your truck!

Anything goes - as long as
it's legal

Open to private sellers and buyers
(no commercial vendors)

Cost

\$10 per vehicle,
paid upon entry

Location

Pole Yard Lane

FRUITVALE

No reservations needed,
just come on over anytime

FOR MORE INFORMATION CONTACT ANNE annesaigeon@gmail.com

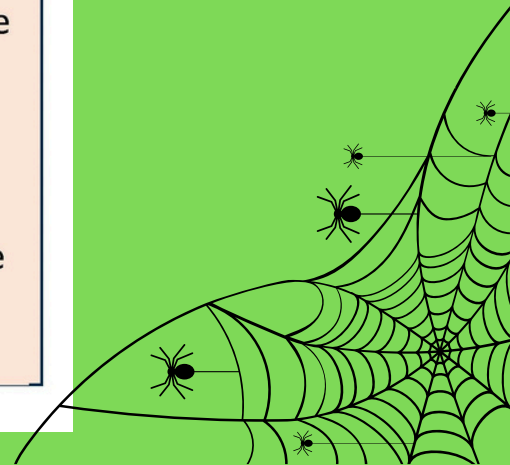
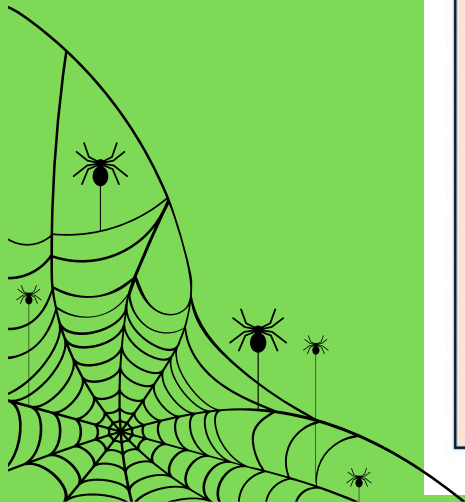


Beaver Valley Lions BINGO is back!

The BV Lions Club members would like
to welcome all bingo players back to
Wednesday night BINGO at the
Fruitvale Memorial Centre

Bingo starts at 6:00 pm.

Bring a friend or two - we hope to see
your there!



BVYAN Events

**FREE for
Youth 12-18**

Text BVYAN to (833) 683-0875
to sign up for our NEW text newsletter!



October

4	5	6 DROP-IN @ CREEKSIDE PARK Come by and paint sharks with our fabric paint or draw something by hand! 3-7	7	8	9	10
11	12	13 DROP-IN @ CREEKSIDE PARK Come check out a dragonfly workshop and learn how to make dragon eggs! 3-7	14	15	16	17
18	19	20 DROP-IN @ CREEKSIDE PARK Make Magic of the World come across a stream (and the stream) and enjoy music and activities. 3-7	21	22	23	24
25 BASIN YOUTH NETWORK REGIONAL DAYS @ NONOS' IN TRAIL BASKETBALL, GOLF, and more! (Join us for lunch) A day of many great activities and fun for all! 11-4	26	27 DROP-IN @ CREEKSIDE PARK Create and then Hunt for treasures with friends like a giant treasure hunt! 3-7	28	29	30	31 HALLOWEEN BONFIRE @ FRUITVALE FIRE HALL Free food/treats for youth have a space to hang after school! 3-7

★ Events

Oct 6/13/20/27 - Drop-in
@ Creekside Park

Join us after school for the first drop-ins for the school year! We'll have our usual food, snacks, and games. Check out each event to see the special activity planned for that day!

Oct 31 - Halloween Bonfire
@ Fruitvale Fire Hall

Join us for snacks, candy, and activities while the fire hall has their annual bonfire!

Oct 25 - Basin Youth Network Regional Days
@ Nonos' in Trail

This event required registration. Talk with Kate or use the email below to register

Join us as well as **9 other local youth networks** to this event hosted by Columbia Basin Trust. There will be workshops going over industries and career opportunities connected to a changing energy landscape, **as well as free lunch and glow bowling!** Great opportunity to meet other youth who live in the Basin!

Questions?

beavervalleyyan@gmail.com



BEAVER VALLEY PUBLIC LIBRARY
 bvpublic@telus.net 250-367-7114

OCT 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	*registration required for After School Program and programs with *			1	2	3
4	5 Stitching Drop-in 1:00-3:00 Bookend Craft Night 5:00-7:00	6 Mother Goose 12:30-1:15 Drumming With Sandra @Waneta Plaza 4:30-5:30pm	7	8	9	10 (Closed)
11	12 Thanksgiving (Closed) 	13 Mother Goose 12:30-1:15 Tech Help 2:00-3:30*	14 After School Program* 2:30-4:00	15	16	17
18	19 Stitching Drop-in 1:00-3:00 Calligraphy Club 6:00-7:00pm	20 Mother Goose 12:30-1:15 Tech Help 2:00-3:30	21 After School Program* 2:30-4:00	22	23	24
25	26 Stitching Drop-in 1:00-3:00 Halloween Movie Night 5:00-7:00	27 Mother Goose 12:30-1:15 Tech Help 2:00-3:30	28 After School Program* 2:30-4:00	29	30	31  Happy Halloween



October





SENIORS' LUNCH

Beaver Valley

Tuesday, October 20

FRUITVALE MEMORIAL HALL | 12:30 PM
BUFFET | DRAW PRIZES



United Way
British Columbia

Working with communities in
BC's North, Interior, Lower Mainland,
Central & Northern Vancouver Island

Ticket Cost: \$10.00



Regional District of
Kootenay Boundary

For individual or group bookings(6+)
RSVP to Jayme Fowler by October 13:
T: 250-231-7260 E: bvevents@rdkb.com



Regional District of
Kootenay Boundary



**Total Body Group
Workout for all
ages, sizes, and
fitness levels!**



**Tuesday and Thursday
Morning sessions
6am-6:45am
\$110/mo**

Price may change based on
session length.



**Monday 6:00pm and
Wednesday 6:30pm
Drop-in**



**\$110 for 10 punch pass
(evening class only)**

MetKon: Stands for "Metabolic Conditioning".

Rx: Indicates that the workout is done as written, following the prescribed format.

Science-Driven: The class is designed to be efficient for building muscle, burning fat, and improving athletic performance.

Full Body, High-Intensity: MetKon Rx is a full-body class that uses high-intensity intervals to challenge different energy systems and multiple muscle groups.

Functional Strength Training: Incorporates exercises that mimic movements you'd use in everyday life.

Cardio Conditioning: Combines strength training with cardio to improve cardiovascular health.

EPOC Effect: The class is designed to create the EPOC effect (Excess Post-exercise Oxygen Consumption), which means your metabolic rate remains elevated for hours after the workout.

**MetKon Rx is smart, safe, and
accessible for all fitness levels.**

Martial Arts Classes for Ages 5 and Up

Tuesday and Thursday, 5pm and 6:15pm

- Improve Self Confidence
- Self Discipline
- Self Control
- Indomitable Spirit
- Perseverance



Heartandsoulmartialarts.ca

250.921.9090

heartandsoultkd@gmail.com



**Regional District of
Kootenay Boundary**

Beaver Valley Recreation

Follow us on Instagram & Facebook under Beaver Valley Recreation
www.rdkb.com Click on Recreation & Culture, Beaver Valley

SENIOR'S LUNCHES

Tuesdays

Oct. 20, Nov. 24, Jan. 19

Fruitvale Hall

12:30 pm

\$10 admission at the door

Please RSVP to Jayme one week
prior at 231-7260

bvevents@rdkb.com

STAY SAFE Ages 9+

Instructor: Nicole Morrison

Canadian Red Cross Course.

Basic first aid and safety skills
will be included. Bring a lunch.

October 3, 2026

9 am – 1:30 pm

\$45

Montrose Hall basement

Call BV Recreation at 231-5172

BABYSITTING COURSE

Instructor: Nicole Morrison

Ages 11+

Learn childcare, injury prevention
and basic first aid. Bring a lunch.

November 21, 2026

9 am – 4:30 pm

\$70

McIntyre Room, Trail Arena

Call Trail Recreation at 364-0888

SENIOR LINE DANCE

Instructor: April Biscaro

Fridays

October 16 – December 11

(omit November 6)

(November 20 at Montrose Hall)

10 - 11 am

\$2 drop in

Fruitvale Hall

Call April at 921-9733 for more info.

BODYWEIGHT, BANDS & BALLS

Instructor: Wendy Robertsen

Squats, push-ups, lunges and plank
variations form the foundation of this
class. Bands and weights add
challenge to movements, isolating
muscles like the glutes, shoulders,
and upper back. All fitness levels.

Mondays & Thursdays

(omit October 5, 8, 12, 15, 19, 22,
November 23)

Noon – 1 pm

Fruitvale Hall

\$75 - 6x, \$120 - 12x, \$14 drop in

(Pass can be used at all yoga &
Zumba classes)

To pay over the phone, call BV
Recreation at 231-5172 or bring
cash or cheque to Wendy at class

CHAIR YOGA

Instructor: Abby Verigin

Tuesdays

10 - 11 am

Fridays

noon - 1 pm

(omit Oct. 2, 9, 13, 20, 30, Nov. 24)

\$75 - 6x, \$120 - 12x, \$14 drop in

(Pass can be used at all Yoga,
Zumba and BB&B classes)

Fruitvale Hall

To pay over the phone, call BV
Recreation at 231-5172 or bring
cash or cheque to Abby at class

TOONIE SKATES

Tuesdays & Thursdays

10 - 11 am

Starting October 1

PILATES & SOMATIC YOGA FUSION

Instructor: Wendy Robertsen

Experience a deeply intentional
practice that bridges core-strength of
Pilates with the nervous system-
regulating release of Somatic Yoga.
Designed to help you build resilient,
functional strength while tuning
deeply into your body's internal
landscape. Expect: Core Stability
meets Nervous system reset.

Wednesdays

(omit October 7, 14, 21)

9 - 10:15 am

\$75 - 6x, \$120 - 12x, \$14 drop in

(Pass can be used at all Yoga,
Zumba and BB&B classes)

Montrose Hall

To pay over the phone, call BV
Recreation at 231-5172 or bring
cash or cheque to Wendy at class

GENTLE YOGA

Instructor: Jodi Ihas

Thursdays

7 - 8:15 pm

\$75 - 6x, \$120 - 12x, \$14 drop in

(Pass can be used at all Yoga,
Zumba and BB&B classes)

Fruitvale Hall

To pay over the phone, call BV
Recreation at 231-5172 or bring
cash or cheque to Jodi at class

SHOOT WITH THE NITEHAWKS

Sunday, November 22

3:15 - 4:45 pm

\$4 Youth, \$5 Adult, \$14 Family

Bring your stick and helmet.

ZUMBA ages 12+

Instructor: April Arnot

Mondays at Fruitvale Hall

Thursdays at Montrose Hall

(Nov. 23 & Dec. 14 are in Montrose)

(omit Oct. 12, Nov. 16)

6:30 - 7:30 pm

\$75 - 6x, \$120 - 12x, \$14 drop in

(Pass can be used at all Yoga, Zumba and BB&B classes)

To pay over the phone, call BV

Recreation at 231-5172 or bring

cash or cheque to April at class

Current passes can still be used**CORE PILATES****METHOD**

Instructor: April Arnot

Essentials Pilates mat class for beginners or anyone wanting to strengthen their Pilates foundations.

Focuses on proper technique, alignment, breathing, core connection and controlled mindful movements. Effective low impact full body workout improving posture, flexibility, body awareness and confidence in your Pilates practice. Need min 5 registered.

Sundays, 10 - 11 am

Sept. 20 - Oct. 25 (omit Oct. 11)

\$75

Nov. 1 - Dec. 13 (omit Nov. 15)

\$90

Tuesdays, 9:30 - 10:30 am

Sept. 29 - Oct. 27, \$75

Nov. 10 - Dec. 15, \$90

Optional, but recommended, one-on-one with April to go over Pilate movements and Posture flexibility before session begins, \$65.

Tae Kwon Do Gym

To pay over the phone, call BV

Recreation at 231-5172 or bring

cash or cheque to April at class

GLOW PUBLIC SKATES

Fridays & Sundays

HALLOWEEN SKATE

Sunday, October 25

3:15 - 4:45 pm

Wear your costume and get in free!

DROP IN HOCKEY

Ages 2-6

Oct. 4, 3:30 - 4:30 pm

Oct. 23, 10 - 11 am

Ages 7-11

Oct. 11, 6:30 - 7:30 pm

Oct. 23, 11:15 - 12:15 pm

Ages 12-16

Oct. 9, 8 - 9 pm

Oct. 23, 12:30 - 1:30 pm

Ladies & Friends

Oct. 16, 8 - 9 pm

Oct. 25, 6:30 - 7:30 pm

\$5 drop in, Nets & Pucks provided.

Helmet required.

Full gear required for ages 7+

OCT PUBLIC SKATING

Friday	9	6 - 7:30 pm
Saturday	10	4:30 - 6 pm
Sunday	11	3:15 - 4:45pm
Friday	16	6 - 7:30 pm
Saturday	17	4:30 - 6 pm
Sunday	18	3:15 - 4:45pm
Friday	23	2 - 3:30 pm
Sunday	25	3:15 - 4:45pm

NOV PUBLIC SKATING

Friday	6	6 - 7:30 pm
Sunday	8	3:15 - 4:45pm
Saturday	14	4:30 - 6 pm
Sunday	29	3:15 - 4:45pm

DEC PUBLIC SKATING

Saturday	5	4:30 - 6 pm
Sunday	6	3:15 - 4:45pm
Sunday	13	3:15 - 4:45pm

FREE CHRISTMAS**PUBLIC SKATING**

December	18	6 - 7:30 pm
December	19	2:30 - 4 pm
December	20	1 - 2:30 pm
December	21	1 - 2:30 pm
December	22	1 - 2:30 pm
December	23	1 - 2:30 pm
December	24	11:30 - 1:30 pm
December	27	4 - 5:30 pm
December	28	4 - 5:30 pm
December	29	4 - 5:30 pm
December	30	4 - 5:30 pm
January	2	4:30 - 6pm
January	3	4:30 - 6pm

ZUMBA GOLD

Instructor: April Arnot

A low-impact modified Zumba®

Wednesdays (omit Nov. 11)

9:30 - 10:30 am

\$75 - 6x, \$120 - 12x, \$14 drop in

(Pass can be used at all Yoga, Zumba and BB&B classes)

Tae Kwon Do Gym

To pay over the phone, call BV

Recreation at 231-5172 or bring

cash or cheque to April at class

Please note new pricing**Current passes can still be used****X-MAS EVE SKATE**

Thursday, December 24

11:30 - 1:30 pm

Free admission, skate rentals, hot dogs and juice boxes. Compliments of the BV Lions Club. Get your picture taken with Santa!

**HOW TO FLOURISH
MOVEMENT STUDIO**

1942 Main Street, Fruitvale

Email absverigin@gmail.com

4PM Stability Series

Mon 5:30PM Mat Pilates
7PM Yin Yoga

Tue 8:30AM Therapeutic Mobility Flow
6:30PM Hatha Yoga

Wed 9AM Therapeutic Yoga Flow
4:30PM Mat Pilates
6PM Restorative Yoga

Fri 8:30AM | Mat Pilates

BV CURLING**CLUB REGISTRATION**

BV Curling Club, 125 Pine Ave

Mixed - September 25 at 7pm

Men's - September 28 at 7pm

Evening Ladies, Oct 1 at 6:30pm

Afternoon Ladies - Oct 4 at 11am

Retiree Men's - call Hans 368-1453





Beaver Valley Manor Celebrates 50 Years in the Beaver Valley Community

Beaver Valley Manor Society is proud to announce a special celebration marking the 50th anniversary of the opening of the Beaver Valley Manor. The Beaver Valley Manor has served the Beaver Valley community since opening its doors in 1976. For 50 years, the Manor has provided a place where residents can call home while remaining connected to friends, family, and the wider community

A Half-Century of Community

When Beaver Valley Manor first opened in 1976, it represented an important addition to the community. Fifty years later, its legacy continues through the relationships built between residents, caretakers, volunteers, and neighbours.

The anniversary celebration will recognize not only the building and its history, but the many individuals and organizations who have made Beaver Valley Manor a special place over the years. Its history is built on the dedication of residents, families, employees, volunteers, and community members and organizations who have contributed to its ongoing success.

Community members are invited to join the celebration and help honour 50 years of memories, friendships, care, and community at Beaver Valley Manor.

Event Details

What: Beaver Valley Manor 50th Anniversary Celebration

When: October 4 from 2-4pm

**Where: Beaver Valley Manor, Main Street Entrance -
Recreation Room, Fruitvale**



For more information about the anniversary celebration, please contact Loretta Jones at jones.loretta404@gmail.com.

OCTOBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2 AWAY	3 HOME
4	5	6	7	8	9 AWAY	10 AWAY
11 AWAY	12	13	14	15	16 AWAY	17 AWAY
18	19	20	21	22	23 HOME	24
25 AWAY	26	27	28	29	30 HOME	31 AWAY

HOME GAME DETAILS	
DATE	TIME
OCT 3, 2026	7:00 PM
OPPONENT	
GRAND FORKS BORDER BRUINS	
DATE	TIME
OCT 23, 2026	7:00 PM
OPPONENT	
WILLIAMS LAKE MUSTANGS	
DATE	TIME
OCT 30, 2026	7:00 PM
OPPONENT	
NELSON LEAFS	



HALLOWEEN BONFIRE



The Fruitvale Firefighters are hosting their annual Halloween bonfire at the Fire Hall. Bring the kids down to warm up at the fire and enjoy a hot chocolate after a fun-filled evening of trick-or-treating on October 31st.



THANK YOU to the Fruitvale Firefighter making memories for the kids by hosting this event every year!



Please remember to dress to be seen, carry a flashlight & dress warm.

YOUR COMMUNITY,
YOUR PLAN, YOUR SAY.



Complete a Survey

We want your feedback on the draft directions for the Official Community Plan and Zoning Bylaw Update!

Did you miss our recent engagement? Check out our project website for more information, including a recording of our presentation and Q&A.

Complete the survey online or pick up a paper copy at the Village Office or Library

**AVAILABLE
SEPTEMBER 22
TO OCTOBER 6**

**Learn more online:
fruitvale.ca/ocp**

