

Beaver Valley Bulletin

BEAVER VALLEY BULLETIN ELECTRONIC

To receive the newsletter electronically, please send your email address to info@village.fruitvale.bc.ca.

Paper copies are available at the Village of Fruitvale Office.

<https://fruitvale.ca/residents/newsletters/>

SEPTEMBER 2026



www.fruitvale.ca



www.rdkb.com



www.montrose.ca

The content of this bulletin has been provided by individual user groups. Any inquiries should be directed to the respective organization.



STILL AVAILABLE FOR BOOKINGS
until the end of September!

NEW ADDITION!
It now has air conditioning too!

Moonlit Meadows YURT

AT BEAVER VALLEY FAMILY PARK & CAMPGROUND
near Fruitvale

THE PERFECT SPACE TO RENT FOR GLAMPING IN THE KOOTS (with bed.)
OR FOR CORPORATE RETREATS AND HOLISTIC PROGRAMMING (without bed!)



COMFORTABLE ACCOMMODATION



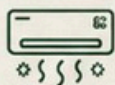
PEACEFUL SURROUNDINGS



GREAT FOR GROUPS, RETREATS & WORKSHOPS



CLOSE TO NATURE, FAR FROM STRESS



AIR CONDITIONING FOR YOUR COMFORT!

For Reservations,
CONTACT BEAVER VALLEY RECREATION

T: 250-231-5172
kwalker@rdkb.com



Beaver Valley Recreation



Ali Grieve, Director Area A

Wrapping Up Another Beaver Valley Summer

This summer certainly gave us a little bit of everything — beautiful hot days, busy campgrounds and parks, community events, gardens overflowing (mine was lame 😞), and unfortunately, more than our share of smoke. As we head into September, I hope everyone had a chance to enjoy some of the very special places and people that make the Beaver Valley such a great place.

Our parks and recreation facilities were well used, community organizations were busy hosting events, and volunteers once again stepped forward to make things happen. Whether it was recreation, local markets or community celebrations, I continue to be impressed by how much gets accomplished in our small communities because people are willing to pitch in.

Looking After What We Have

A great deal of my focus continues to be on maintaining and protecting the services and infrastructure we already have. That means planning ahead for our recreation facilities, keeping our Asset Management work current, protecting our water supply, and continuing to pursue grants and outside funding wherever possible before turning to taxpayers. Good planning today can prevent some very expensive surprises tomorrow.

Access to Our Parks

We continue our discussions with BC Parks regarding improved access to Champion Lakes and Beaver Creek Provincial Parks. Mayor Startup and I have our next meeting with the Minister of Parks on September 21, along with our MLA, Steve Morissette.

Our goal remains simple: find a way to extend our camping and park experience further into the fall, while recognizing the environmental, financial and operational responsibilities that come with managing provincial parks. We now have extended day-use access for a couple of extra weeks for this current season — **and we think this is a good start!**

We have also made progress in establishing better communication with BC Parks, and I am hopeful that will lead to further practical solutions. We are very grateful for the recent improvements at Champion Lakes, including newly paved roads and new washrooms. **THANK YOU, BC PARKS!**

Water & Our Changing Summers

Another smoky, hot summer is a reminder of just how important water, wildfire preparedness and responsible land management have become. We — meaning all levels of government — need to become much more proactive in protecting our communities from the increasing threat of wildfire.

Protecting our water supply remains one of my highest priorities. The work underway around watershed security and long-term planning is about ensuring future generations have the same access to safe, reliable water that we have enjoyed.

Our changing summers also remind us how important our firefighters, emergency responders and volunteers are. **Thank you to everyone who works to keep our communities safe.**

Thank You, Beaver Valley

Thank you to the volunteers, service clubs, businesses, community organizations, municipal partners, RDKB staff and residents who have worked so hard for their communities over the past year. Hearing from a lot of folks, and from personal experience, I think Beaver Valley May Days was exceptional this past spring. Bravo to all!!

And thank you to everyone who has stopped me at the grocery store, called, emailed, challenged an idea, offered a suggestion or simply taken the time to have a conversation. Hearing directly from residents is a very important part of representing Area A. Always happy to hear from you.

I look forward to the work that lies ahead, but I think we can head into fall feeling pretty good about our little corner of the world. Enjoy these beautiful September days.

Ali



Village of Fruitvale – 2026 General Local Election 2026

General Local Election Key Dates



- September 1, 2026, at 9 a.m. – Nomination period opens
- September 11, 2026, at 4 p.m. – Nomination period closes
- September 18, 2026 – Deadline to challenge nominations or elector organization endorsements
- September 18, 2026 – Last day for candidates to withdraw
- October 7, 2026 – Advanced voting opportunity (8 a.m. to 8 p.m.) Village Office, 1947 Beaver St
- October 14, 2026 – Special voting opportunity (Mountain Side Village & Beaver Valley Senior Citizens Manor)
- October 17, 2026 – General Voting Day (8 a.m. to 8 p.m.) – Fruitvale Memorial Hall, 1968 Main Street

Find all election information at <https://elections.bc.ca/>





Mayor Wes Startup Village of Fruitvale



I hope that everyone had a chance to enjoy the summer and were able to take some time away from their busy routines. The days are getting shorter and the nights are cooling off, which is a relief from the heat of the summer. With the heat and lack of rain we are in a period of low stream flows and a diminishing aquifer.

That has resulted in the Beaver Valley Water System going to Stage 3 Water Restrictions. We have done well up to now on Stage 2 and the Village appreciates everyone's cooperation in minimizing water usage to mid-August.

I believe that the majority of users are following the guidelines and that has made a real difference to the total consumption. Thanks everyone for a great effort in conserving this precious resource!

Smoke filled skies in the Beaver Valley are a sign that we are still in wildfire season. My sincerest condolences to friends and family of Village residents impacted by wildfires. Our area is in Stage 3 Drought, and the bush is very dry, so we must remain diligent in fire prevention strategies and take the time to be prepared should the need to evacuate arise. As I write this, a lightening storm has just passed through; a reminder that we have been very fortunate in avoiding the worst of this wildfire season.

I encourage everyone to check out the multiple resources available on-line related to wildfires and preparedness.

Residents' responses to the Official Community Plan (OCP) events were great and we now have a clearer picture on the directions the Village should take over the course of the next several years. It was important to get this task and consultation done, as the last OCP was completed in 2011. Streamlining our Official Community Plan and ensuring that our Bylaws are aligned with the Plan will make future decisions on Village development much easier and quicker.

Thank you for your valuable feedback! We plan to have the final document ready for distribution in the weeks ahead.

COUNCIL MEETING



Village of Fruitvale Council meets generally the 2nd Monday of the Month at 6pm. Public is invited to join in person in Council Chambers, 1947 Beaver Street or via zoom - Zoom Meeting: <https://us02web.zoom.us/j/3353726693>
Meeting ID: 335 372 6693
Next Regular Council meeting is September 8th, 2026



***New Village of Fruitvale Office Hours
Monday to Friday 8:30 am to 4:00 pm***



Village of Montrose
Office Hours - Monday to Friday
8:30–noon -1:00 – 4:30 p.m.
250-367-7234
admin@montrose.ca/www.montrose.ca

Garbage Pickup

The Village is committed to reducing wildlife and rodent attractants in our community and keeping our neighbourhoods clean and safe. As outlined in the **Waste Management and Wildlife Attractant Bylaw No. 780, 2024**, all household garbage must be placed in a **secure bin with a lid**.

Properly contained garbage helps prevent wildlife and rodents from getting into waste and reduces the potential for garbage to be scattered throughout the community. Please ensure your garbage is securely contained and not accessible to wildlife. We appreciate everyone's cooperation in helping keep Montrose clean and safe.

Yard & Garden Waste Curbside Pickup – Thursday, November 5

Fall curbside collection for leaves and branches will take place on **Thursday, November 5**. Please have your items at your regular garbage pickup location by **7:00 a.m.**

Please remember:

- Branches must be bundled and securely tied, with a maximum length of 4 feet and maximum diameter of 6 inches.
- Leaves must be placed in compostable kraft paper bags or open plastic totes, with a maximum weight of 40 lbs.
- Plastic bags, loose leaves, grass clippings, and unbundled branches will NOT be picked up.

Please note that McKelvey Creek Landfill no longer accepts plastic bags or nylon tie ropes for yard and garden waste. These materials cannot be used for yard waste drop-off or curbside pickup.

The Village is also bringing back the yard & garden waste dumpster. Dates and location will be provided in the September newsletter.

Crib & Whist Card Nights

Join us at the Montrose Hall for Crib and Whist card nights! New players are always welcome.

Time: 7:00–9:30 p.m.

When: Sept. 8 & 22, Oct. 6 & 20, Nov. 3 & 17, Dec. 1 & 15, Jan. 5 & 19, Feb. 2 & 16, Mar. 2, 16 & 30, Apr. 13 & 27, May 11 & 25

Cost: \$2.00, including cash prizes and a refreshment break

For more information, contact Linda at: 250-367-7126.

E-Bikes & E-Dirt Bikes

The Village reminds residents that riding, performing stunts, or spinning tires in Village parks is not permitted.

Recent incidents have resulted in tire marks and damage to the splash park surface. Where applicable, B.C.'s **Off-Road Vehicle Act** prohibits operating an off-road vehicle in a careless, reckless, or negligent manner that may cause damage to property.

Please respect our recreation facilities and use bikes and off-road vehicles only in appropriate areas. Damage to Village property may result in enforcement action and recovery of repair costs.

Help us keep the splash park safe, clean, and enjoyable for everyone.

Have a safe and enjoyable summer!



BRANCH 44 SENIORS
Branch 44 Seniors at BV Manor
24 Laurier St, Fruitvale, BC



Regular Meeting on September 30, 2026 12:30pm

Seniors 50+ come join us, membership is \$15 for the year

Mondays: Bingo 1:00-3:30pm



Wellness Wednesday starts again in September 9th, 2026 10:00 - 1:00 pm.

Thursdays: Cards 1:00- 3:30pm

Carpet Bowling starts again October 13, 2026

We have 2 practice sessions for Carpet Bowling
September 29th - 9:30 -11:30 am.
October 6th - 9:30-11:30 am.



Come out and try it see if you like it

Call Brenda for more information 250 367 3839





THE VILLAGE OF FRUITVALE REMINDER NOTICES



NOTICE TO VILLAGE OF FRUITVALE RESIDENTS

FALL CLEAN-UP

is scheduled for

Friday, October 16 and Monday, October 19

**The McKelvey Creek Trail Landfill will no longer accept
Clear plastic bags!!!**

All yard waste must now be in brown compostable paper bags or in bins not exceeding 50lbs.

Pickups will **October 16th & 19th.**

Please have all compostables out by Friday October 16th.

**YARD & GARDEN WASTE PAPER BAGS CAN BE PURCHASED AT
MOST HARDWARE STORES IN OUR AREA**

Village of Fruitvale Water and Sewer Utilities Reminder

**To users that have outstanding water, sewer utilities are due
October 31, 2026, to avoid a 10% penalty.**

**Payment of can be made by cash, cheque, online banking or
electronic transfer of funds (email: finance@village.fruitvale.bc.ca).**

**If you have any questions regarding 2026 utilities, please contact
Misti at the Village Office, 250-367-7551(ext. 3) or email
finance@village.fruitvale.bc.ca**



WINTER PREPARATIONS – BOULEVARDS AND PARKING

It's time for residents to prepare for the upcoming snow removal season, which means all items must be removed from boulevards, including but not restricted to:

- *recreational vehicles *solar lights *basketball hoops**
- *construction material *flower planters/landscaping**

It also means that it's time for residents to find off-street and off-boulevard parking for their vehicles.

Residents with fences bordering Village streets are reminded to ensure their fences are strong enough to withstand loads from snow plowed and pushed back to widen streets.

Public Works takes extreme care when pushing back snow, but damage is possible.

The Village of Fruitvale is not responsible for damage to fences or other objects that may occur during the course of performing regular duties.

Village of Fruitvale E-Bikes & Dirt Bikes



The Village reminds residents that riding, performing stunts, or spinning tires in Village parks is not permitted.

Recent incidents have resulted in tire marks and damage to local fields and recreation areas. Where applicable, B.C.'s Off-Road Vehicle Act prohibits operating an off-road vehicle in a careless, reckless, or negligent manner that may cause damage to property.

Please respect our recreation facilities and use e-bikes, e-dirt bikes, and other off-road vehicles only in appropriate areas. Damage to Village property may result in enforcement action and recovery of repair costs.

Help us keep our parks and recreation spaces safe, clean, and enjoyable for everyone.



Have a safe and enjoyable summer!

Village of Fruitvale Property Tax Sale The Village of Fruitvale's 2026



Tax Sale is scheduled for 10:00 am sharp on Monday, September 28, 2026, at the Village of Fruitvale Office.



Letters have been sent to those property owners in a tax sale situation. If your property taxes are in delinquent status (three years of unpaid taxes - 2024, 2025 and 2026) you must pay the delinquent (2024) taxes before 9:59 am September 28, 2026, to keep your property from being sold at the tax sale.

A listing of tax sale properties will appear in the September 17 and September 24 editions of the Trail Times. To keep your property from appearing in the newspaper advertisements, the delinquent taxes must be paid in full prior to September 14, 2026. Payment of delinquent taxes must be made by cash, certified cheque, online banking or electronic transfer of funds (email: finance@village.fruitvale.bc.ca).

If you have any questions regarding delinquent taxes or the 2026 Tax Sale, please contact Misti at the Village Office, 250-367-7551 (ext. 3) or email finance@village.fruitvale.bc.ca

Burning Bans and Wildfires

**For more information on fire bans please visit:
<https://www2.gov.bc.ca/gov/content/safety/wildfire-status/fire-bans-andrestrictions/southeast-fire-centre-bans>**

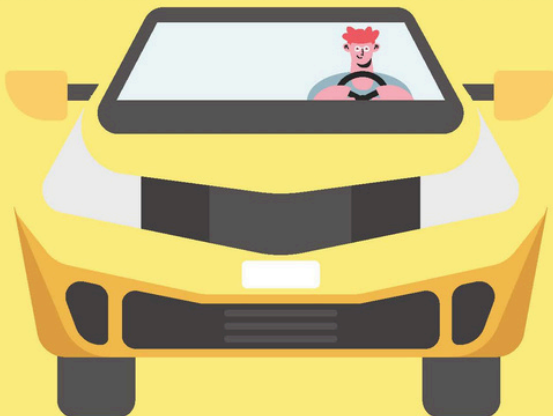
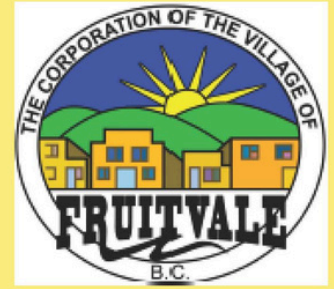
**If you see a wildfire or burning ban violation,
report it to 1-800-663-5555 or
*5555 from your cell phone.**



Reminder:

Please follow all posted
road signs and speed limits
in school zones, parks
areas, and around
child-care areas.

Thank you for helping
keep our children safe..



**Drive responsibly—
your safety matters.**



**RDKB
HomeSmart**

Discover ways to make YOUR home
more comfortable all year round

INCOME QUALIFIED & LIVE IN THE RDKB?

No-cost home energy improvements for homeowners
and tenants with lower incomes -
that may include a heat pump or dual fuel system,
insulation and air sealing

Save energy, stay cozy, AND prepare for the future
— all at no cost to you

Sign up to RDKB HomeSmart for **FREE**
guidance:
homesmart.rdkb.com/Sign-Up
or 250.368.0284



Could You Qualify for Free Home Energy Upgrades?

If you live in the Regional District of Kootenay Boundary (RDKB) and have a lower household income, you may be eligible for no-cost home energy improvements through the Energy Conservation Assistance Program (ECAP).

Depending on your home and eligibility, upgrades could include a heat pump or dual-fuel heating system, insulation, air sealing, and other improvements that can make your home more comfortable, energy efficient, and better prepared for the seasons ahead.

Not sure where to start? That's where RDKB HomeSmart comes in. The FREE RDKB HomeSmart Program helps residents understand what rebates and programs they may qualify for and guides them through the process from start to finish. Whether you're a homeowner or a tenant, the HomeSmart team is here to help make sense of the available options.

Could you qualify?

Eligibility is based on your combined household income (all household members aged 18 and over), with proof of income required.

Household Size Maximum Household Income

1 person	\$51,100
2 people	\$63,600
3 people	\$78,200
4 people	\$94,900

If you're unsure whether you qualify, don't miss out. Register with RDKB HomeSmart and let the team help you explore the programs and rebates available to you.

Learn more and sign up for FREE: homesmart.rdkb.com/Sign-Up or contact 250.368.0284

BEAVER VALLEY LANES SEPTEMBER PUBLIC BOWLING HOURS



Regular Bowling
Sunday
September
13th & 20th
1:30-4:30pm

Cosmic Bowling
Saturday
September
19th & 26th
6:00-9:00pm

Adults: \$4/game | Kids: \$3/game | Shoe Rental: \$2

Beaver Valley Bowling Club

We have Youth Bowling Programs available for ages 4-19, will start on Saturday, Sept 12th @ 09:00 am.

Registration When:: Sept 2nd 6-8pm at bowling lanes

Cost: \$60.00 to register

Age 4-7 - 1 Game. \$4.00 weekly

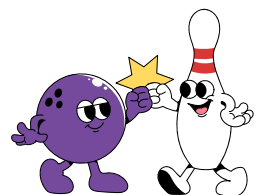
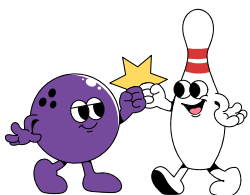
Bantam Age 8-10 2-3 Games. \$6.00/\$8.00 weekly

Junior Age 11-14 3 Games. \$8.00 weekly

Seniors Age 15-19 3 Games. \$8.00 weekly

Payments can be paid weekly or pre paid.

Any questions please call Donna Racette 250-368-1722 or email
info@bvb bowlingclub.ca





INCREDIBLE FARMERS MARKET -FRUITVALE-

SPECIAL MARKETS

Easter Market
March 28

Try-it-Out Market*
August 18

Zucchini Contest*
September 1

Get Moving with Zumba*
September 15

Pet Contest*
September 29

Spooktacular*
October 13

Fruitvale Christmas Market
November 20 & 21

OUTDOOR MARKETS

Bi-weekly, Tuesdays
3PM - 6PM | Pole Yard Lane

May 12 & 26

June 9 & 23

July 7 & 21

August 4 & 18*

September 1* & 15* & 29*

October 13*

*themed



f @fruitvalefarmersmarket
i incrediblefarmersmarket.com
e fruitvalefarmersmarket@gmail.com



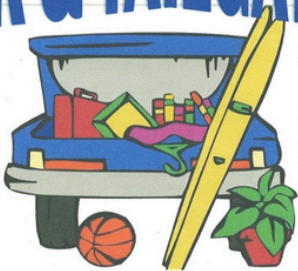
Beaver Valley Lions **BINGO** is back!

The BV Lions Club members would like to welcome all bingo players back to Wednesday night BINGO at the Fruitvale Memorial Centre beginning September 23, 2026.

Bingo starts at 6:00 pm.

Bring a friend or two - we hope to see you there!

TRUNK & TAILGATE SALE



2026 TRUNK & TAILGATE SUNDAY SALE

May3*June7*July5*August9*Sept13*October4

Join us for the next
yard-type sale to hit
Fruitvale!

Convert your good-quality
unwanted treasures to
CASH from the trunk of
your car or the back of
your truck!

Anything goes - as long as
it's legal

Open to private sellers and buyers
(no commercial vendors)

Cost

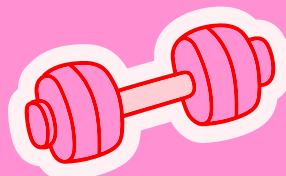
\$10 per vehicle,
paid upon entry

Location

Pole Yard Lane
FRUITVALE

No reservations needed,
just come on over anytime

FOR MORE INFORMATION CONTACT ANNE annesaigeon@gmail.com



Volunteers needed

Do you use the Fruitvale Gym?

Would you be interested in helping oversee
gym operations and equipment safety?

Join the "Fitness Advisory Commission."

For more information, please contact the
Village Office.

Email info@village.fruitvale.bc.ca
Call: Village Office 250-367-7551
Drop off: 1947 Beaver Street.



Love our Trunk & Tailgate sale?
We are looking for new hosts for the 2027 season!
The valley needs this service
We need help!



SENIORS' LUNCH

Beaver Valley

Tuesday, September 15

FRUITVALE MEMORIAL HALL | 12:30 PM
SERVED BUFFET | DRAW PRIZES

 **United Way**
British Columbia

Working with communities in
BC's North, Interior, Lower Mainland,
Central & Northern Vancouver Island

Ticket Cost: \$10.00

For individual or group bookings (6+)
RSVP to Jayme Fowler by September 8:
T: 250-231-7260 E: bvevents@rdkb.com

 Regional District of
Kootenay Boundary

 Regional District of
Kootenay Boundary

Heart & Soul Martial Arts & MetKon Rx

Confidence. Resilience. Healthy Habits for Every Body.

Heart & Soul Martial Arts in Fruitvale offers welcoming, skill-building programs that help children, youth and families grow stronger inside and out. Students ages 5+ develop confidence, self-discipline, self-control, perseverance and an indomitable spirit—all while staying active in a positive, family-focused environment. Classes run Tuesdays & Thursdays at 5:00pm and 6:15pm starting on September 8, 2026.

For older students and families, the Family Self-Defence Program (ages 10+) offers practical skills and confidence-building training on Mondays from 7:00 - 8:30pm starting on September 14, 2026.

Heart & Soul also offers MetKon Rx, a total-body fitness program designed for all ages, sizes and fitness levels. Combining strength, cardio and functional movement, MetKon helps participants feel stronger, fitter and more energized. MetKon Rx will run Tuesday and Thursday mornings: 6:00–6:45am during the month of September.

This program will run on Mondays from 6:00 - 6:50pm and Wednesdays from 6:30 - 6:30pm starting October.

 250-921-9090  heartandsoultkd@gmail.com

 heartandsoulmartialarts.ca





**Regional District of
Kootenay Boundary**

Beaver Valley Recreation

Follow us on Instagram & Facebook under Beaver Valley Recreation
www.rdkb.com Click on Recreation & Culture, Beaver Valley

SENIOR'S LUNCHES

Tuesdays
Sept. 15, Oct. 20, Nov. 24
Fruitvale Hall
12:30 pm
\$10 admission at the door
Please rsvp to Jayme one week
prior at 231-7260
bvevents@rdkb.com

STAY SAFE Ages 9+

Instructor: Nicole Morrison
Canadian Red Cross Course.
Basic first aid and safety skills
will be included. Bring a lunch.
October 3, 2026
9 am – 1:30 pm
\$45
Montrose Hall basement
Call BV Recreation at 231-5172

BABYSITTING COURSE

Instructor: Nicole Morrison
Ages 11+
Learn childcare, injury prevention
and basic first aid. Bring a lunch.
September 19, 2026
9 am – 4:30 pm
\$70
Montrose Hall
Call BV Recreation at 231-5172

SENIOR LINE DANCE

Instructor: April Biscaro
Fridays
October 16 – December 11
(omit November 6)
(November 20 at Montrose Hall)
10 - 11 am
\$2 drop in
Fruitvale Hall
Call April at 921-9733 for more info.

BODYWEIGHT, BANDS & BALLS

Instructor: Wendy Robertsen
Squats, push-ups, lunges and plank
variations form the foundation of this
class. Bands and weights add
challenge to movements, isolating
muscles like the glutes, shoulders,
and upper back. All fitness levels.
Mondays, starting Sept. 14
Thursdays, starting Sept. 10
(omit October 5, 8, 12, 15, 19, 22,
November 23)
Noon – 1 pm
Fruitvale Hall
\$75 - 6x, \$120 – 12x, \$14 drop in
(Pass can be used at all yoga &
Zumba classes)
To pay over the phone, call BV
Recreation at 231-5172 or bring
cash or cheque to Wendy at class

CHAIR YOGA

Instructor: Abby Verigin
Tuesdays, starting Aug. 25
10 - 11 am
Fridays, starting Sept. 4
noon - 1 pm
(omit Sept. 15, 18, 29, Oct. 2, 9, 13,
20, 30, Nov. 24)
\$75 - 6x, \$120 – 12x, \$14 drop in
(Pass can be used at all Yoga,
Zumba and BB&B classes)
Fruitvale Hall
To pay over the phone, call BV
Recreation at 231-5172 or bring
cash or cheque to Abby at class

TOONIE SKATES

Tuesdays & Thursdays
10 - 11 am, starting October 1

PILATES & SOMATIC YOGA FUSION

Instructor: Wendy Robertsen
Experience a deeply intentional
practice that bridges core-strength of
Pilates with the nervous system-
regulating release of Somatic Yoga.
Designed to help you build resilient,
functional strength while tuning
deeply into your body's internal
landscape. Expect: Core Stability
meets Nervous system reset.
Wednesdays, starting Sept. 9
(omit October 7, 14, 21)
9 – 10:15 am
\$75 - 6x, \$120 – 12x, \$14 drop in
(Pass can be used at all Yoga,
Zumba and BB&B classes)
Montrose Hall
To pay over the phone, call BV
Recreation at 231-5172 or bring
cash or cheque to Wendy at class

GENTLE YOGA

Instructor: Jodi Ihas
Thursdays, starting Sept. 10
7 - 8:15 pm
\$75 - 6x, \$120 – 12x, \$14 drop in
(Pass can be used at all Yoga,
Zumba and BB&B classes)
Fruitvale Hall
To pay over the phone, call BV
Recreation at 231-5172 or bring
cash or cheque to Jodi at class

SHOOT WITH THE NITEHAWKS

Saturday, November 14
4:30 – 6 pm
\$4 Youth, \$5 Adult, \$14 Family
Bring your stick and helmet.

ZUMBA ages 12+

Instructor: April Arnot

Mondays at Fruitvale Hall

Thursdays at Montrose Hall

Starting September 14

(Nov. 23 & Dec. 14 are in Montrose)

(omit Oct. 12, Nov. 16)

6:30 - 7:30 pm

\$75 - 6x, \$120 - 12x, \$14 drop in

(Pass can be used at all Yoga, Zumba and BB&B classes)

To pay over the phone, call BV Recreation at 231-5172 or bring cash or cheque to April at class

Current passes can still be used**CORE PILATES****METHOD**

Instructor: April Arnot

Essentials Pilates mat class for beginners or anyone wanting to strengthen their Pilates foundations.

Focuses on proper technique, alignment, breathing, core connection and controlled mindful movements. Effective low impact full body workout improving posture, flexibility, body awareness and confidence in your Pilates practice. Need min 5 registered.

Sundays, 10 - 11 am

Sept. 13 - Oct. 25 (omit Oct. 11)

Nov. 1 - Dec. 13 (omit Nov. 15)

Tuesdays, 9:30 - 10:30 am

Sept. 22 - Oct. 27

Nov. 10 - Dec. 15

\$90 per session

Optional, but recommended, one-on-one with April to go over Pilate movements and Posture flexibility before session begins, \$65.

Tae Kwon Do Gym

To pay over the phone, call BV Recreation at 231-5172 or bring cash or cheque to April at class

Drop In Hockey dates will be released in next newsletter.**HALLOWEEN SKATE**

October 25

3:15 - 4:45 pm

Wear your costume and get in free!

ZUMBA KIDS ages 7-11

Instructor: April Arnot

Kid friendly routines based on original Zumba choreography.

Mondays

September 21 - November 9

(omit Oct. 12)

4 - 4:45 pm

\$60

Fruitvale Hall

Call BV Recreation at 231-5172

OCT PUBLIC SKATING

Friday	2	6 - 7:30 pm
Sunday	4	3:15 - 4:45pm
Friday	9	6 - 7:30 pm
Saturday	10	4:30 - 6 pm
Sunday	11	3:15 - 4:45pm
Friday	16	6 - 7:30 pm
Saturday	17	4:30 - 6 pm
Sunday	18	3:15 - 4:45pm
Sunday	25	3:15 - 4:45pm

NOV PUBLIC SKATING

Friday	6	6 - 7:30 pm
Sunday	8	3:15 - 4:45pm
Sunday	22	3:15 - 4:45pm
Sunday	29	3:15 - 4:45pm

DEC PUBLIC SKATING

Saturday	5	4:30 - 6 pm
Sunday	6	3:15 - 4:45pm
Sunday	13	3:15 - 4:45pm

FREE CHRISTMAS PUBLIC SKATING

December	18	6 - 7:30 pm
December	19	2:30 - 4 pm
December	20	1 - 2:30 pm
December	21	1 - 2:30 pm
December	22	1 - 2:30 pm
December	23	1 - 2:30 pm
December	24	11:30 - 1:30 pm
December	27	4 - 5:30 pm
December	28	4 - 5:30 pm
December	29	4 - 5:30 pm
December	30	4 - 5:30 pm
January	2	4:30 - 6pm
January	3	4:30 - 6pm

GLOW PUBLIC SKATES

Fridays & Sundays

ZUMBA GOLD

Instructor: April Arnot

A low-impact modified Zumba®

Wednesdays, starting Sept. 9

(omit Sept. 30, Nov. 11)

9:30 - 10:30 am

\$75 - 6x, \$120 - 12x, \$14 drop in

(Pass can be used at all Yoga, Zumba and BB&B classes)

Tae Kwon Do Gym

To pay over the phone, call BV Recreation at 231-5172 or bring cash or cheque to April at class

Please note new pricing**Current passes can still be used****X-MAS EVE SKATE**

December 24

11:30 - 1:30 pm

Free admission, skate rentals, hot dogs and juice boxes. Compliments of the BV Lions Club. Get your picture taken with Santa!

NEW**HOW TO FLOURISH****MOVEMENT STUDIO**

1942 Main Street, Fruitvale (above pharmacy)

Opening the first week of September.

A space for people to connect through therapeutic movement, yoga, Pilates, & meditation. This community space is here to help us connect deeper to ourselves while building healthy lifelong habits & connections in our community.

Services:

Therapeutic yoga, Pilates, group fitness private sessions, community workshops + more.

Email absverigin@gmail.com**BV CURLING CLUB**Come join us this fall for a season full of fun and good curling. To receive an email once the AGM, registration, and drop-in practice dates are confirmed, please contact Hayley Colussi at bvcurlingclub@outlook.com

September



BEAVER VALLEY PUBLIC LIBRARY
bvpublic@telus.net 250-367-7114

SEP 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	registration required	1 Joy Time 12:30-1:15 Tech Help 1:30-3:30	2	3	4	5
6	7 Labour Day Closed	8 No Programs	9	10	11	12 Book Sale at the library 10:00-2:00
13	14 Stitching Drop-in 1:00-3:00	15 Joy Time 12:30-1:15 Tech Help 1:30-3:30*	16	17	18	19
20	21 Stitching Drop-in 1:00-3:00 Calligraphy Club 6:00-7:00	22 Joy Time 12:30-1:15 Tech Help 1:30-3:30*	23	24	25	26
27	28 Stitching Drop-in 1:00-3:00 Bookend craft night 5:00	29 Joy Time 12:30-1:15 Tech Help 1:30-3:30*	30 National Day for Truth and Reconciliation (Closed)			

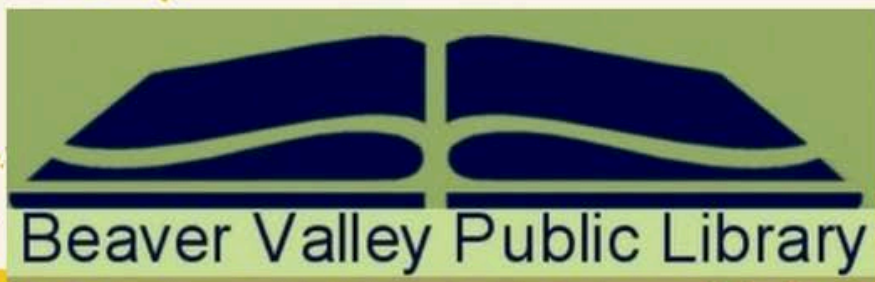


hello
FALL

BOOK SALE AND LEMONADE FUNDRAISER

SATURDAY, SEPT. 12

10-2 AT THE BEAVER VALLEY LIBRARY



BVYAN Events

FREE for Youth 12-18

Text BVYAN to (833) 683-0875 to sign up for our NEW text newsletter!



September

13	14	15 DROP-IN @ CREEKSIDE PARK Come hang out with us after school! 2-6	16	17	18	19 NEEDLEFELTING WORKSHOP @ NORDIC STUDIOS Come learn how to needlefelt at this free workshop! 11-12:30
20	21	22 DROP-IN @ CREEKSIDE PARK Come hang out with us after school! 2-6	23	24	25	26
27	28	29	30 GLOW BOWLING @ FRUITVALE MEMORIAL HALL Bring a friend and come bowl! 4-7			

★ Events

Sept 15/22 - Drop-in
@ Creekside Park

Join us after school for the first drop-ins for the school year! We'll have our usual food, snacks, and games. The park is right across from the fruitvale village office

Sept 19 - Needlefelting Workshop
@ Nordic Studios in Castlegar

Come join us at Nordic Studios for a fun needlefelting workshop. Please RSVP by emailing us at beavervalleyyan@gmail.com if you are interested!

Sept 30 - Glow Bowling
@ Fruitvale Memorial Hall

Bring a friend and come bowl with us at the BV Lanes! We will have food, games and crafts available!

Questions?

email

beavervalleyyan@gmail.com

text (SMS)

(833)-683-0875

Let's go bowling!

YBC league starts
Saturday, Sept. 12th
@ 9:00 am

WEEKLY COST:

Age 4-5 \$4 1 game

Age 6-7 \$6 2 games

Age 8-19 \$8 3 games

19 yrs of age as of December 31, 2026

Optional bi-annual & annual payment plans

Registration:

Wednesday Sept. 2nd

6- 8 pm

Cost: \$60.00



Free Home Energy Efficiency Workshops



Home Energy Efficiency Workshops

<https://ourtrust.org/grants-programs/home-energy-efficiency-workshops/>

Click Here Home Enery Efficiency Workshops



Beaver Valley Manor Celebrates 50 Years in the Beaver Valley Community

Beaver Valley Manor Society is proud to announce a special celebration marking the 50th anniversary of the opening of the Beaver Valley Manor. The Beaver Valley Manor has served the Beaver Valley community since opening its doors in 1976. For 50 years, the Manor has provided a place where residents can call home while remaining connected to friends, family, and the wider community

A Half-Century of Community

When Beaver Valley Manor first opened in 1976, it represented an important addition to the community. Fifty years later, its legacy continues through the relationships built between residents, caretakers, volunteers, and neighbours.

The anniversary celebration will recognize not only the building and its history, but the many individuals and organizations who have made Beaver Valley Manor a special place over the years. Its history is built on the dedication of residents, families, employees, volunteers, and community members and organizations who have contributed to its ongoing success.

Community members are invited to join the celebration and help honour 50 years of memories, friendships, care, and community at Beaver Valley Manor.

Event Details

What: Beaver Valley Manor 50th Anniversary Celebration

When: October 4 from 2-4pm

**Where: Beaver Valley Manor, Main Street Entrance -
Recreation Room, Fruitvale**



For more information about the anniversary celebration, please contact Loretta Jones at jones.loretta404@gmail.com.