Beaver Valley Bulletin

BEAVER VALLEY BULLETIN ELECTRONIC

To receive the newsletter electronically, please send your email address to newsletter@village.fruitvale.bc.ca. Paper copies will be available at the Village Office. Please visit our local websites for the Beaver Valley Bulletin

OCTOBER 2025







www.fruitvale.ca

www.rdkb.com

www.montrose.ca









Fortis BC Community Giving Day



Saturday September 13, 2025





Thank you to Fortis BC, the Village of Fruitvale, and the Public Works staff for your generous support. And a heartfelt thank you to all the incredible volunteers who helped make this possible!



Area A Newsletter – October 2025

Topic: Seniors Advocate Visit - Thank You & Reflections



Figure 1 - Dan Levitt

On July 16, our community had the honour of welcoming Dan Levitt, British Columbia's Seniors Advocate, to Fruitvale. I want to sincerely thank him for this important visit, and all the seniors who came and shared their stories at the Fruitvale Memorial Hall. Listening directly to those with lived experience is one of the most valuable tools we have for improving the care and support systems our seniors depend on.

Listening to Our Seniors

Every public service has its strengths and challenges. What matters most is that we continue to listen—especially to those who rely on these services. The insight shared by our seniors helps us see what's working and where there's room to improve.

As a public representative—and a taxpayer—I'm also mindful of the financial constraints that shape how services are delivered. Balancing fiscal responsibility with compassionate care is not always easy, but it is essential.

A Personal Perspective

My mother spent two years in long-term care, which gave me a deeper understanding of both the system's complexity and the people it serves. A few reflections:

- Care homes are homes—first and foremost—for the people who live there. That should always guide our approach to care.
- Not everyone has someone to advocate for them. My mother had four children nearby. Many residents are alone and rely entirely on the system.
- Staffing challenges are real, but I want to be clear: I have deep respect for the frontline
 workers who care for our elders. It's demanding work, and many do their best under
 difficult conditions.
- When staff shortages exist, they need to be addressed—but we must also recognize the cost of doing so.
- A review of roles and responsibilities—could support efficiency, ease pressure on staff, and maintain high-quality care.

Learning from Global Models

Around the world, innovative care models are showing how we can do better—while upholding dignity, autonomy, and connection. A few worth exploring:

- Hogeweyk Dementia Village (Netherlands): Prioritizes normalcy, freedom, and engagement.
- **Denmark:** Offers integrated, attractive communities with optional care.
- Japan: Known for innovative, culturally rooted senior care.
- Sherbrooke, SK Eden Alternative: Builds intergenerational communities where residents live alongside children, students—even animals.

• Langley, BC – The Village: A mini-town site with a barn, animals, and rich programming in art, music, memory care, and physical activity.



Figure 2 - The Village in Langley

These models show that compassionate, people-first care is not only possible—it's already happening. We need a range of approaches that are also affordable and accessible to all.

In Closing

My reflections are not a critique of those working in long-term care—far from it. I deeply appreciate the dedication of those on the front lines. These thoughts are part of a broader conversation on how we can continue to improve a system that will, one day, serve us all.

Thank you again to the Seniors Advocate for visiting our community, and to everyone who shared their voice. I support meaningful change that honours the seniors who helped build the communities we cherish today.

Ali Grieve
Director, Area A
Regional District of Kootenay Boundary



Thank you,
Jasmine and Emily,
for all your hard work this
summer in helping
beautify the Village of
Fruitvale.

We appreciate your contributions and wish you the very best in your future endeavors!





Mayor Wes Startup Village of Fruitvale





September has occupied Council with a few different issues and the annual Union of British Columbia Municipalities convention. As we enter into October Council's thoughts start to focus on our upcoming budget discussions and direction for 2026. From my perspective we have some things that we need to accomplish and a very long list of things we'd like to accomplish. It's always a bit of a balancing act but having been on Council now for three years I feel as though we have a pretty good sense of where we need to go over the next 14 or so months. In brief, here's where we're at:





Sewer Upgrades – under the watchful eye of our Public Works crew we have completed the sewer line replacement on McHale Lane, on time and on budget. We are now poised to start the 2nd phase of this two part project which involves re-lining the sewer line from the Search and Rescue building, through Dar Lane to McHale. Once completed infiltration of rain and melt water should be largely stopped adding years of operation to our sewer treatment plant.

Columbia Gardens Road – residents and Council remain concerned about speeding on this roadway. The Village Crew has added a crosswalk and signage at the ChldCare centre but we still observe excessive speed in the area. I encourage concerned residents to contact the RCMP as needed.



Budget – There is a need to establish a funding mechanism that addresses our long-term needs around infrastructure – things such as roads, stormwater, and sidewalks. To that end we are considering reducing the Sewer Parcel Tax by \$100 and directing \$100 into a new Infrastructure Parcel Tax. This will give the Village a dedicated fund to address our street issues.

UBCM – We were able to have an open and frank discussion with Ministry of Health about the challenges in hiring and keeping staff at the ChildCare Centre. We pointed out that publicly funded schools are poaching our staff due to higher wages and benefits and that this seemed to be an unfair advantage for our non-profit operators. I sense the message was heard and understood.

And finally, we continue our search for a new CAO and will start interviews in early October, hoping to have a final decision by month's end.

I hope that you'll reach out to me or other Council Members with comments and questions, we appreciate the feedback.



Village of Montrose

Office Hours - Monday to Friday 8:30 –noon -1:00 – 4:30 p.m. 367-7234



admin@montrose.ca

WE ARE ON FACEBOOK & DOWNLOAD THE NEW CITIZEN

www.montrose.ca

Help Us Stay Connected!

Have you changed your phone number or email address recently or are you a new resident? The Village of Montrose is updating our contact records to ensure we can reach you with important notices, emergency alerts, and community updates. If you have had any changes to your contact information—such as a new cell phone number, email address, or mailing address—please let us know! You can update your information by calling the Village Office at 250-367-7234 or emailing us at admin@montrose.ca.

Thank you for helping us stay in touch!

Crib & Whist Card Nights

Join us at the Montrose Hall for Crib and Whist card nights! We welcome all new players. The fee is just \$2.00, with cash prizes and a refreshment break. Call Linda for more information 250-367-7126

Time: 7:00 - 9:00 PM - Every Second Tuesday starting September 9th!

Infrastructure Replacement – 500 Block of 11th Avenue
Construction on the infrastructure replacement project along the 500 block of 11th
Avenue will begin on Monday, August 11, 2025, and is expected to continue through to
the end of October.

Please note that this section of road will be closed to all traffic, with access limited to residents living on the 500 block of 11th Avenue for the duration of the project.

We appreciate your patience and cooperation during this important upgrade. If you have any questions or concerns, please contact the Village Office at 250-367-7234 or email admin@montrose.ca.

2025 OUTSTANDING UTILITIES & TAXES

Reminder to users: All outstanding water and sewer utilities are due on December 31st, 2025. On January 1, 2026, unpaid utilities are transferred to taxes in arrears and will be subject to interest charges. Any unpaid current taxes or unclaimed Home Owners Grants will be transferred to taxes in arrears on January 1, 2026, if not paid or claimed by December 31, 2025. If you have any questions regarding 2024 utilities or taxes, please contact the Village Office.

MONTROSE SPRAY PARK UPGRADES

The popular Montrose Spray Park received a fun and refreshing upgrade this year, thanks to the generous support of RDKB Area A – Ali Grieve and Columbia Basin Trust. New features include two activator posts, the whimsical Daisy Mae Fun-Brella, the interactive Spinny Squirt Tennis Ball (give it a spin!), and exciting new ground sprays.



SENIORS' LUNCH

Beaver Valley Tuesday, October 21

FRUITVALE MEMORIAL HALL | 12:30 PM BUFFET | DRAW PRIZES



Working with communities in BC's North, Interior, Lower Mainland Central & Northern Vancouver Island Ticket Cost: \$10.00

For individual or group bookings(6+)
RSVP to Jayme Fowler by October 14:
T: 250-231-7260 E:bvevents@rdkb.com







Beaver Valley Lions BINGO IS BACK



The BV Lions Club members would like to welcome all bingo players back to Wednesday night BINGO at the Fruitvale Memorial Centre September 10th.

Doors open at 3:30pm Bingo starts at 6pm

Bring a friend or two - we hope to see your there!

BRANCH 44 SENIORS

P Branch 44 Seniors is starting activities againn Next Monthly General Meeting October 19, 2025

Mondays: Bingo 1:00-3:30

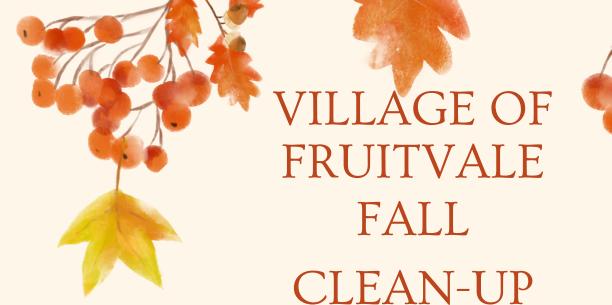
Tuesdays: Carpet Bowling starts October 13 10:00 -11:00

Wednesdays: Wellness Wednesday (activities, exercise, lunch \$2) 10:00-1:00

Thursdays: Cards 1:00- 3:00

Seniors 50+ come join us, membership is \$15 for the year

Call Brenda for more information 250 367 3839



Friday October 17th, 2025 & Monday October 20th, 2025

THE MCKELVEY CREEK TRAIL
LANDFILL WILL NO LONGER ACCEPT
CLEAR PLASTIC BAGS!!!

ALL YARD WASTE MUST NOW BE IN BROWN COMPOSTABLE PAPER BAGS OR IN BINS NOT EXCEEDING 50 LBS.

STICKS, BRANCHES, OR BRUSH CAN ONLY BE BUNDLED USING COTTON OR FIBER-BASED STRING. NYLON OR PLASTIC BASED STRING AND ROPE IS NO LONGER ACCEPTED.

PLACE ALL MATERIALS CURBSIDE BY OCTOBER 17TH.

NOTE: BAGS AND STICK BUNDLES ARE PICKED UP SEPARATELY AND AT DIFFERENT TIMES, BUT BOTH MUST BE READY FOR COLLECTION ON THE SAME DAY.

THANK YOU FOR YOUR COOPERATION!

ANY QUESTIONS PLEASE CONTACT

THE VILLAGE OF FRUITVALE 250-367-7551



WINTER PREPARATIONS – BOULEVARDS AND PARKING

It's time for residents to prepare for the upcoming snow removal season, which means all items **must** be removed from boulevards, including but not restricted to:

*recreational vehicles *solar lights *basketball hoops *construction material *flower planters/landscaping

It also means that it's time for residents to find off-street and off-boulevard parking for their vehicles. Residents with fences bordering Village streets are reminded to ensure their fences are strong enough to withstand loads from snow plowed and pushed back to widen streets. Public Works takes extreme care when pushing back snow, but damage is possible. The Village of Fruitvale is not responsible for damage to fences or other objects that may occur during the course of performing regular duties.

Temporary Vehicle Shelters

Are permitted from October 15, 2025 through April 15, 2026

WINTER 2025 REMINDER

Redwood Drive: NO parking will be permitted

on Redwood Drive

from November 1st, 2025 to March 31st, 2026



Please be advised that Deadmarsh Avenue is now open the public.





JUST A REMINDER TO WATCH FOR THE NEW TRAFFIC SIGNS AND CROSSWALK IN FRONT OF CHILD CARE CENTRE!

THE CORPORATION OF THE VILLAGE OF FRUITVALE

In the "HEART OF THE BEAVER VALLEY"

Post Office Box 370, 1947 Beaver Street Fruitvale, BC V0G 1L0 Phone: 250-367-7551 / Fax 250-367-9267

NOTICE TO RESIDENTS Beaver Street, Kootenay Avenue South, McHale Lane, Dar Lane, and Main Street North

The Village of Fruitvale will be relining approximately 500m of concrete sewer pipe in the downtown core using a Cured-in-Place Pipelining technique as well as rehabilitating associated manholes. The contractor is expected to be onsite in mid-October and wrapped up by early December.

Although we anticipate minimal disruptions from this project, residents and property owners may experience occasional service interruptions, traffic delays, and general construction noise during the delivery of this service.

Residents along Beaver St, Kootenay Ave. S, McHale Lane, Dar Lane and Main St N and all intersecting streets may be affected by this project.

Please see the attached map identifying the area being serviced. Please be respectful and mindful of crews working hard to improve our infrastructure and grow our community.

We appreciate your patience and understanding as we work to improve local infrastructure. If you have any questions, please feel free to contact the Village Office, 250-367-7551.





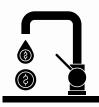
2025 OUTSTANDING WATER AND SEWER UTILITIES Reminder to users:

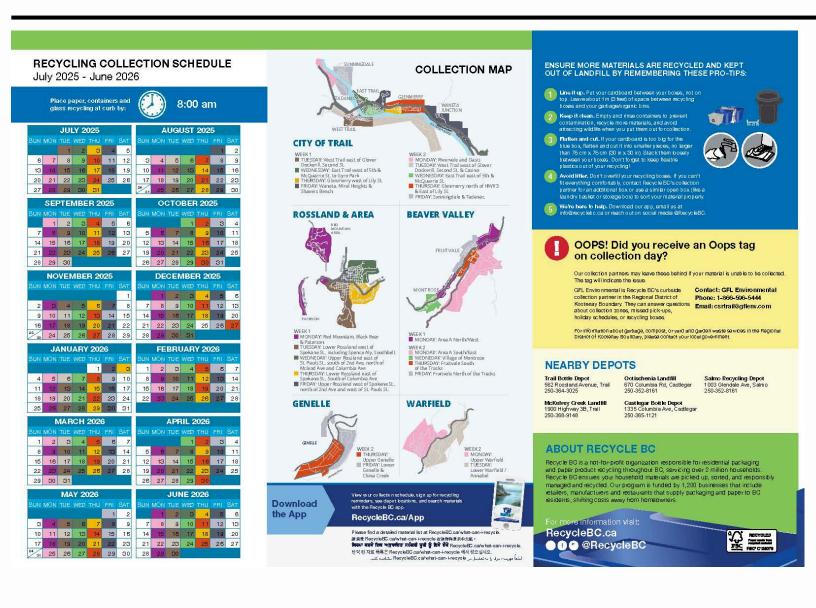
All outstanding water and sewer utilities are due no later than October 31st, 2025, to avoid a 10% penalty. Any amount still outstanding on January 1st, 2026, will be transferred to property taxes and daily interest will be accrued.

Payment can be made with cheque, debit, online banking or by EFT to finance@village.fruitvale.bc.ca (no password needed) but please put the account # and address of the account you are paying in the 'Messages' box.



If you have any questions regarding 2025 utilities, please contact Misti at the Village Office, 250- 367-7551 ext 3 or email finance@village.fruitvale.bc.ca







This 1-day event is your chance to help reduce waste by giving away your used household items and claiming old treasures from your neighbours!

Saturday OCTOBER 18, 2025

How to Participate

- Collect unwanted household items.
- Place them by the curb where treasure hunters can access them without disrupting traffic.
- Create a sign to let treasure hunters know that your items are up for grabs.
- 4 Remove all your remaining items by 4:00 pm.





Treasure Treasure

BVYAN Events October 2025

FREE for Youth 12-18 Text BVYAN to (833) 683-0875 to sign up for our NEW text newsletter!



Stop by the Pole Yard in Fruitvale Thursdays after school to chill, have a snack, and mess around with all the different activities we'll have every week!





Glow Bowling

@ the Fruitvale Memorial Hall 6-8pm | October 8

Come by with some friends to bowl, have good food and snacks, play some games, and make buttons!

Glow Skate

@ the BV Arena 8-10pm | October 17

Bring your friends and have fun skating on us! Food, snacks and fun activities will be available



Pottery & Painting

@ Southside Arts Pottery

11am-1pm | October 18

Come bring a friend and either paint peices of pottery or make your own peices at this workshop held in Southside Arts studio in Castlegar!

Questions?

Email us anytime at beavervalleyyan@gmail.com or text us at (833)-683-0875



Beaver Valley Recreation

Follow us on Instagram & Facebook under Beaver Valley Recreation www.rdkb.com Click on Recreation & Culture, Beaver Valley

SENIOR'S LUNCHES

Tuesdays at 12:30 pm Oct 21, Nov 18, Dec 16 Fruitvale Hall \$10 admission at the door Please rsvp to Jayme one week prior at 231-7260 bvevents@rdkb.com

CANDLELIGHT YOGA

Instructor: Wendy Robertsen & Abby Verigin All proceeds go the Beaver Valley Food Bank. December 16, 2025 6 - 7:30 pm\$20 Fruitvale Hall To register, call 604-315-2773

WREATH MAKING

hands on guidance from Jeanine and her helpers. Enjoy warm apple cider and holiday treats. November 29, 2025 1-4 pm\$75 (includes wreath ring, greenery, decorations and natural bow) Fruitvale Hall To register, call 604-315-2773

Enjoy a festive indoor setting with

SENIOR LINE DANCE

Instructor: April Biscaro Learn the basic steps of Country & Western Line Dancing. Fridays Starting October 17, 2025 (omit November 7 & 21) 10 - 11 am \$2 drop in Fruitvale Hall Call April at 921-9733 for more info.

PM GENTLE YOGA &

NEW 6AM YOGA!!

Instructor: Jodi Ihas Thursdays 7 - 8:15 pm **Mondays** <u>6 – 7 am</u> (omit Oct 13) \$75 - 6x, \$120 - 12x, \$14 drop in (Pass can be used at all regular Yoga classes and BWB&B) Fruitvale Hall To pay over the phone, call BV Recreation at 231-5172 or bring cash or cheque to Jodi at class

BODY WEIGHT, BANDS & BALLS

Instructor: Wendy Robertsen Fitness bands and 2-5 lb weights are required. For all fitness levels. Mondays & Thursdays Noon - 1 pm Fruitvale Hall \$75 - 6x, \$120 - 12x, \$14 drop in (Pass can be used at all regular Yoga classes) To pay over the phone, call BV Recreation at 231-5172 or bring cash or cheque to Wendy at class

ZUMBA GOLD

Instructor: April Arnot A low-impact modified Zumba® Wednesdays 9:30 - 10:30 am \$50 - 5x, \$92 - 10x, \$172 - 20x, \$12 drop in Tae Kwon Do Gym To pay over the phone, call BV Recreation at 231-5172 or bring

cash or cheque to April at class

AM GENTLE YOGA

Instructor: Wendy Robertsen Wednesdays 9 - 10:15 am \$75 - 6x. \$120 - 12x \$14 drop in (Pass can be used at all regular Yoga classes and BWB&B) Montrose Hall To pay over the phone, call BV Recreation at 231-5172 or bring cash or cheque to Wendy at class

ZUMBA ages 12+ **Instructor: April Arnot** Mondays at Fruitvale Hall Thursdays at Montrose Hall (omit October 13) 6:30 - 7:30 pm \$50 - 5x, \$92 - 10x, \$172 - 20x, \$12 drop in To pay over the phone, call BV Recreation at 231-5172 or bring cash or cheque to April at class

CHAIR YOGA

Instructor: Abby Verigin Tuesdays from 10 - 11 am Fridays from noon - 1 pm (omit Oct 21, Nov 7, 11, 18, 21, Dec 5) A gentle, seated style of yoga made for all bodies & abilities. \$75 - 6x, \$120 - 12x\$14 drop in (Pass can be used at all regular Yoga classes and BWB&B) Fruitvale Hall To pay over the phone, call BV Recreation at 231-5172 or bring cash or cheque to Abby at class

MOVEMENT for MAMAS ZUMBA KIDS

Instructor: Abby Verigin *Payment only through Abby* Enjoy gentle exercises and yoga

poses that are safe and fun for you and your child (ages 0-3).

Mondays

Sept 8 - Oct 20 (omit Oct. 13) October 27 - December 1, 2025 3:15 - 4:15 pm at the Montrose Hall \$100 for the series, \$20 drop in Email absverigin@gmail.com

YOGA THERAPY FOR **STRESS**

Instructor: Abby Verigin *Payment only through Abby* Join C-IAYT Abby Verigin for a chance to calm your nervous system through yoga. Wednesdays September 3 - October 8, 2025 October 15 – November 19, 2025 6 - 7:15 pm at Montrose Hall \$120 for the series, \$25 drop in Email absverigin@gmail.com

BOX, KICK, STRENGTH

Instructor: April Arnot

A cardio boxercise class with weights, abs and some HIIT intervals to classic rock music.

Sundays

November 16 - December 14

9:30 - 10:30 am

\$60 per session, \$14 drop in Need minimum 6 registered Tae Kwon Do Gym

To pay over the phone, call BV Recreation at 231-5172 or bring cash or cheque to April at class

BREAKFAST WITH SANTA

December 6, 2025

9 - 11 am at the Fruitvale Hall The Fruitvale Fire Department is behind the scenes cooking and the Beaver Valley Nitehawks serving eggs, sausages and pancakes.

Instructor: April Arnot

Kids Jr. (ages 4-6) and Zumba Kids (7-11) are great classes to get the

kids moving! Mondays

Nov 3 - Dec 15

(omit Nov 10)

3:30 - 4 pm Kids Jr. \$35 4:15 – 5 pm Kids \$45

Fruitvale Hall

Call BV Recreation at 231-5172

OCT PUBLIC SKATING

Friday	3	6 - 7:30 pm
Sunday	5	3:15 - 4:45pm
Friday	10	6 - 7:30 pm
Friday	17	6 – 7:30 pm
Saturday	18	4:30 - 6 pm
Sunday	19	3:15 - 4:45pm
Friday	24	1:30 – 3 pm
Sunday	26	3:15 - 4:45pm

NOV PUBLIC SKATING

Saturday	1	4:30 - 6 pm
Sunday	2	3:15 - 4:45pm
Friday	7	6 – 7:30 pm
Sunday	9	3:15 - 4:45pm
Monday	10	1:30 – 3 pm
Saturday	15	4:30 - 6 pm
Sunday	16	3:15 - 4:45pm
Saturday	22	4:30 - 6 pm
Sunday	23	3:15 - 4:45pm
Sunday	30	3:15 - 4:45pm

DEC PUBLIC SKATING

Friday	5	6 - 7:30 pm
Sunday	7	3:15 - 4:45pm
Friday	12	6 – 7:30 pm
Saturday	13	4:30 - 6 pm
Sunday	14	3:15 - 4:45pm

FREE CHRISTMAS PUBLIC SKATING

December 20 at 4:30-6pm December 21, 22, 23 at 1-2:30pm December 24 at 11:30-1:30pm December 27, 28, 29 at 3:30-5pm December 30 at 1-2:30pm January 4 at 3:30-5pm



SHOOT WITH THE NITEHAWKS

Friday, October 24 6 - 7:30 pm\$3 Youth, \$4 Adult, \$10 Family Bring your stick and helmet.

GLOW SKATES

Fridays & Sundays During public skating sessions

TOONIE SKATES

Tuesdays & Thursdays 10 - 11 am, starting October 14

X-MAS EVE SKATE

Wednesday, December 24 11:30 - 1:30 pm Free admission, skate rentals, hot dogs and juice boxes. Compliments of the BV Lions Club. Get your picture taken with Santa!

DROP IN HOCKEY

Full hockey gear required for ages 7+. Ages 2-6 requires helmet. \$5 admission at the skate shop. Nov 1, 8 - 9pm, Adult Co-ed Nov 7, 7:45 - 8:45pm, ages 7-11 Nov 15, 8 - 9pm, ages 12-16 Nov 21, 3:15 - 4:15pm, ages 2-6



INCREDIBLE FARMERS MARKET -FRUITVALE-

SPECIAL MARKETS OUTDOOR MARKETS

Bi-weekly Tuesdays Pole Yard Lane 3pm - 6pm

May 13 & 27 June 10 & 24 July 8 & 22 August 5 & 19* September 2* & 16* & 30* October 14*

themed markets



Easter Market March 29

Try-it-Out Market August 19

Zucchini Contest September 2

Try-it-Out Zumba September 16

> **Pet Contest** September 30

> Spooktacular October 14

Fruitvale Christmas Market November 21 & 22









@fruitvalesfarmersmarket incrediblefarmersmarket.com fruitvalesfarmersmarket@gmail.com



HALLOWEEN BONFIRE



The Fruitvale Firefighters are hosting their annual Halloween bonfire at the Fire Hall. Bring the kids down to warm up with a hot chocolate after a funfilled evening of trick-or-treating on October 31st.

THANK YOU to the Fruitvale Firefighters making memories for the kids by hosting this event every year!

Please remember to dress to be seen, carry a flashlight & dress warm.





2025 / 2026 REGULAR SEASON PROGRAMS

Sep 29/25 to Dec 19/25 & Jan 5/26 to Mar 13/26

CANSKATE: Sep 29, 2025 - Mar 9, 2026

CanSkate is fun for all ages (even adults) and abilities and is an essential starting block to learn to skate safely. This program includes the development of specific skills that pertain to hockey, ringette, speed skating and figure skating while promoting the development of skills that are used in everyday life.

Mondays 4:00-5:00 pm (3:45 setup)

JUNIOR ACADEMY: Oct 2, 2025 - Mar 10, 2026

This program introduces skaters to the STARSkate program. Group lessons provide the next level of basic skills, dance, spins, jumps and turns for figure skating. Skaters in the STAR 2 program and up also have the option of purchasing extra practice ice to create routines and compete and/or take Skate Canada tests.

Junior Academy (Rising Stars): Oct 1, 2025 - Mar 11, 2026

Wednesday 4:00- 5:00 pm (office 5:15-6:15 pm)

Sunday 1:30-2:30 pm

Star 2 and Up: Oct 1, 2025 - Mar 12, 2026

Wednesday 6:15-7:15 am Thursday 4:00- 5:00 pm Sunday 12:30-1:30 pm

<u>Star 3 and Up: Sep 30, 2025 – Mar 11, 2026</u> Tuesday 6:15- 7:30 pm (office 4:45-5:45 pm)

To register and for questions





STARSKATE, Adults: Oct 5, 2025 - Mar 13, 2026

These programs are for those skaters who choose to continue with their skating development and who may compete and/or take Skate Canada tests. Private lessons are extra.

