JANUARY 2024

LOCAL GOVERNMENT CONTACT INFORMATION



Village of Fruitvale 1947 Beaver Street Fruitvale, BC VOG 1L0 Ph: 250-367-7551 Fax: 250-367-9267 Public Works & After-Hours Emergencies: 250-367-6162

General Email info@village.fruitvale.bc.ca

> Web www.fruitvale.ca Facebook Village of Fruitvale



Regional District of Kootenay Boundary 202 - 843 Rossland Ave Trail, BC V1R 4S8 Ph: 250-368-9148

General Email RDKB email addresses are most often first initial, last name@rdkb.com (for example Joe Smith would be jsmith@rdkb.com)

> Web www.rdkb.com

Area 'A' Director Ali Grieve agrieve@rdkb.com

THE FRUITVALE & AREA 'A' NEWS HAS GONE ELECTRONIC

We are excited to welcome you to the first electronic version of the Fruitvale and Area A Newsletter!

Along with our social media platforms and municipal websites, our newsletter keeps residents up-to-date on important community information and events. If you haven't signed up to receive the electronic version, please send your email address to <u>newsletter@village.fruitvale.bc.ca</u>

For those without email access, a limited number of paper copies will be available at the Village Office the first week of every month.

NEW SIGNAGE ON COLUMBIA GARDENS ROAD



A new playground zone has been created and new signage has been installed on Columbia Gardens Road between Pine Avenue and Elm Avenue, in conjunction with the existing school zone running between Elm Avenue and the five-way intersection. Please familiarize yourself with these zones and signage.

The posted speed limit in playground zones is 30 km/h from dawn to dusk, every day of the year, not just on school days. Please obey the posted speed.

Please be aware of this new playground zone and the increase in the number of children in the area. We all must do our part in keeping the children in our community safe.

PARKING IN SCHOOL ZONE ON COLUMBIA GARDENS ROAD

Parents and caregivers of Fruitvale Elementary School students are reminded that the drop off zone for the school is located at the bottom of the school stairs along Beaver Street or across the Beaver Street footbridge along Laurier Avenue.

Please **do not** park in the bus zone in front of the school or along Columbia Gardens Road. These are not designated drop-off zones.

Drivers - please, obey the speed signs and watch for children at the crosswalks and on the sidewalks.



SSUE #1



Please drop off your Christmas tree at the designated area in the Pole Yard before **January 14 (look for the sign)**. Please ensure all decorations and plastic tree bags have been removed.



Updates and Information Regarding Budget Additions

Privacy Act

The Province of BC legislated Bill 22: the Freedom of Information and Protection of Privacy Act (FIPPA). That legislation requires local governments to develop Privacy Management Programs. The purpose of a privacy management program is to establish expectations for privacy accountability, and to support compliance with the requirements of FIPPA. The RDKB staff developed a program which was adopted in 2023. The program has seven components: Privacy Impact Assessments and Information Sharing Agreements, Privacy Complaints and Privacy Breaches, Privacy Awareness and Education Activities, Informing Service Providers of Privacy Obligations, and Monitoring and Updating all documents. Much work has been done, and this will be ongoing; of course, another budget item for the RDKB.

Accessibility Act

The Accessible BC Act (ABCA) was enacted in June 2021. The purpose of the Act was to establish a framework for government to work with people of different abilities to identify, prevent and remove barriers to accessibility. A barrier is defined as "anything that hinders the full and equal participation in society of a person with an impairment. "Accessibility" means that all people can take part in their communities through work, play and other daily activities." Currently, over 926,000 people in BC live with different abilities that require our consideration.

Local governments must have an accessibility committee, an accessibility plan, and a mechanism for feedback on accessibility. The Committee membership must include 50% of folks who live with a disability, represent diverse populations, be part of an organization that support differing abilities and there must be Indigenous participation. Accessibility action in BC is a work progress; the RDKB Committee was appointed on December 13 at the last Board meeting of 2023. The RDKB Board wholly endorses the accessibility initiatives; the work from staff, added to the regional district's budget.

Artificial Intelligence (AI - not a download but inevitable)

AI is the intelligence of machines or software, as opposed to the intelligence of humans. Examples include search engines, like Google, Siri and Alexa.

What will AI mean to local governments? Local governments can utilize AI to improve the delivery of programs, analyze vast amounts of information to improve decision making, reduce backlogs and processing times and offer unprecedented convenience and personalized service to residents. We will be more effective, but first, there must be clear policies with respect to values, ethics, and rules. Those matters will be addressed. We are in the early stages of preparing for, and using AI in a good way.

AI involves good record keeping and data collection. Records and data need to be stored electronically; paper reduced to digital data. Storage and security are imperative. Access is another matter to decide. To prepare for the incorporation of AI, the RDKB Board recently created a permanent full-time position to manage the initial phases of the work; another cost factor in the overall budget.

My commitment, every year, is to share some of the challenges that the RDKB Board faces as we review over 72 separate services, many of which local residents participate in, and therefore, contribute to funding. I anticipate that the cost pressures will pose challenges for the Board, as we try to balance need with cost. I know that every Director takes the responsibility seriously, and do our best to be prudent and productive!









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2024 DOG TAGS (licenses)

There have been a few dogs running at large lately. Dog owners are reminded that it is a bylaw contravention to allow your dog to roam at large, and not have a current dog tag, whether you live in the Village or in Area A.

All dogs in the Village and RDKB are required to be licensed. A dog tag (license) on your dog will ensure that it is returned to you if it is found out of your yard. It's a small price to pay for the safe return of your family pet.

Village residents who purchased dog tags in 2023, please note, you will be receiving an invoice for the 2024 dog tag/license fee but you will not be receiving a new tag, unless your dog has lost its tag. Please review the information on the invoice and contact the Village Office if there are any changes or if you no longer have your dog.

Remember that it is a contravention of the Animal Responsibility Bylaw No. 922 to allow your dogs to run free and bark continually. Dogs at large run the risk of being hit by a vehicle or taken by a wild animal.

Village of Fruitvale residents can purchase their dog license at the Village Office. Area A residents can purchase their dog tag at the RDKB Office in Trail, 202 - 843 Rossland Avenue

For the safety, peace and comfort of your neighbours, ensure your dog(s) are secure in your house or yard and do not let them bark continually at all hours of the day and night.

VILLAGE OF FRUITVALE COUNCIL AND COMMITTEE OF THE WHOLE MEETING DATES FOR 2024

The Village of Fruitvale Council and Committee of the Whole meetings are held in the Village of Fruitvale Council Chambers, 1947 Beaver Street, Fruitvale, BC and via Zoom Video Conference beginning at 6:00 pm. Any changes to meeting dates and/or times are posted on the Village of Fruitvale website, www.fruitvale.ca and on the bulletin board at the Village Office. If you wish to attend Council meetings via Zoom, please contact info@village.fruitvale.bc.ca for the Zoom link.

Regular Council

Monday, January 8, 2024 Monday, February 5, 2024 Monday, March 4, 2024 Monday, April 8, 2024 Monday, May 6, 2024 Monday, June 3, 2024 Monday, July 8, 2024 Monday, August 12, 2024 – If Required Tuesday, September 3, 2024 Monday, October 7, 2024 Monday, November 4, 2024 Monday, December 2, 2024

Committee of the Whole

Monday, January 22, 2024 Tuesday, February 20, 2024 Monday, March 18, 2024 Monday, April 22, 2024 Tuesday, May 21, 2024 Monday, June 17, 2024 Monday, July 22, 2024 – If Required August - Call of the Chair Monday, September 16, 2024 – If Required Monday, October 21, 2024 Monday, November 18, 2024 Monday, December 16, 2024

OUTSTANDING PROPERTY TAXES AND UTILITIES

All outstanding 2023 property taxes and utilities at January 1, 2024 will be transferred to property taxes in arrears and will accrue daily interest.

The Village accepts the follow forms of payment:

- E-transfer to finance@village.fruitvale.bc.ca (make sure to reference you roll number or street address and what the payment is for)
- Through on-line banking for taxes and utilities (allow 3 business days for payment to reach the office)
- Drop your payment in the drop box at the front entrance of the Village Office
- Mail your payments to the Village Office

CALL FOR VOLUNTEERS

Do you care about community events and keeping tradition alive? Then the Village of Fruitvale needs you! Come join Councillor Julia Mason on the newly formed Candy Cane Lane Committee, a committee to bring new life to a great kick-off to Christmas tradition, Candy Cane Lane.

Planning for a successful event needs to start early in the year, so if you feel this is something you can lend a hand with, please email your name and contact information to info@village.fruitvale.bc.ca

STREETLIGHTS

Darkness comes earlier in the winter so now is the time to report any non-working streetlights to the Village Office, info@village.fruitvale.bc.ca

Be sure to include the location of the pole, the number on the pole and the problem with the light. The Village will report it to FortisBC, who will repair as time permits.



BEAVER VALLEY PUBLIC LIBRARY

Mondays, Tuesdays, Wednesdays 10:00 am - 7:00 pm

Thursdays and Fridays 10:00 am - 5:00 pm

Saturdays 10:00 am - 2:00 pm

The BV Library reopens for regular hours on January 2, 2024.

There is room on the list for craft bags to go for children ages 5-12. Email Gillian at **byplkids@telus.net**

There are openings for any Beaver Valley seniors who would like a monthly craft bag to be delivered to them. Email Gillian at **bvplkids@telus.net** if you're interested.

Librarian Gillian is at StrongStart (Fruitvale Elementary School) every Tuesday at 9:45 for stories and songs.

Do you knit, crochet, embroider? Needlework Drop-in is every Monday, 1:00 - 3:00 pm.

For more information on events and programs at the BV Public Library, call 250-367-7114 or visit **Beaver** Valley Library Calendar

BEAVER VALLEY YOUTH ACTION NETWORK For Beaver Valley Youth ages 12-18

The **Ski Red** program will be happening again this year, depending on the weather, of course. Tickets will be available on a first come, first served basis if/when Red Mountain opens. To get your ticket please contact Tammy, BVYAN Coordinator, at **beavervalleyyan@gmail.com** and remember to follow us on Facebook.

BEAVER VALLEY BOWLING CLUB

Happy New Year from the Beaver Valley Bowling Club! Come on down to the Beaver Valley Bowling Lanes for open bowling this month!

Open Bowling dates and times:

Jan. 5 - 6:00 pm to 9:00 pm | Jan. 6, 13 & 14 - 1:00 pm to 4:00 pm | Jan. 19 - 6:00 pm to 9:00 pm Jan. 20, 27 & 28 - 1:00 pm to 4:00 pm

Note: these hours are subject to change if private parties are booked. Please keep updated with our Beaver Valley Bowling Club Facebook page. We are accepting private and non-private party bookings, please email us at **info@bvbowlingclub.ca**. If you call the club phone number, chances are we won't be getting back to you very soon.

BEAVER VALLEY THRIVING COMMUNITIES



Beaver Valley Thriving Communities is hosting it's annual family snow event, **Up To SNOW Good** at Haines Park on Saturday February 10, 2024 from 11:00 am - 2:00 pm. There will be games, active events, food and prizes. More information to follow. If you or your group would like to help, please contact Ingrid @ 250-512-9185.





Please visit **Beaver Valley Recreation** for information on the following programs and events:

Senior's Lunches, Babysitting Course, Stay Safe Home Alone, Evening Gentle Yoga with Jodi, Morning Gentle Yoga with Wendy, Chair Yoga with Abby, Restorative Deep Stretch with Abby, Body Weight/Bands/Balls, 18 Lohan Qigong, Senior Line Dance, ACT Fitness, Zumba, Zumba Kids, Reiki, Astrology Birth Chart Workshop, Standing Balance Workshop, Ayurveda Workshop, Shoot with the Nitehawks, Hot Shots Hockey, Ladies Drop-in Hockey, Parent & Tot Skating/Hockey, Ages 4-8, 9-14 and 15-18 Drop-in Hockey and Public Skating.

To register for programs, please email Kelly at **kwalker@rdkb.com** or text/call 250-231-5172.

To register for the Seniors Lunches and any special events, please email Jayme at **bvevents@rdkb.com** or text/call 250-231-7260.







BEAVER VALLEY SENIOR CITIZENS BRANCH #44 WEEKLY EVENTS

Becoming a member for \$15/year allows you to take part in any of Branch #44 Seniors' activities and events.

Bingo - Mondays, 1:00 - 3:00 pm Carpet Bowling - Tuesdays, 10:00 am - for more info call Judy, 250-367-9035 Wellness Wednesdays (activities and lunch for \$2), 10:00 am - 1:00 pm Cards - Thursdays, Noon - 12:00 Noon

Monthly Meeting - 3rd Wednesday of the month

For membership and activities information please call Brenda 250-367-3839 or Kris 250-367-9685.

Senior Carpet bowling resumes on Tuesday January 9, 2024 at 10:00am at the Beaver Valley Manor. Anyone interested, male or female, call Judy Thompson 250 367 9035 or Shirley Levesque 250 367 6637. We have fun while exercising - come join us!



BEAVER VALLEY FOOD BANK

The Beaver Valley Food Bank is located beside the Beaver Valley Thrift Store on First Street across from the Beaver Valley Library.

To access the Food Bank, an appointment must be made at least one day before the respective Thursday. To make an appointment, please call:

1st Thursday of the month call Theresa at 250-367-9791 2nd Thursday of the month call Marcella at 250-231-8009 3rd Thursday of the month call Elaine at 250-231-2503 4th Thursday of the month call George at 250-367-9983

For other BV Food Bank enquires or in case of an emergency, please contact Maddy at 250-367-6549.





WHAT CAN I DO IF I'M STUCK AT HOME ALL DAY?

Well, you don't have to look out the window, sit twiddling your thumbs or watch reruns on TV. Here are some ideas for those times you find yourself alone.

Improve Your Brain. Playing physical and mental games keeps your mind active and sharp so it doesn't deteriorate.

Connect with others and reestablish relationships. No matter how old we are, human beings remain to be social beings that need connection. Call that old friend you haven't heard from in years, your long lost cousin or neighbor you used to live next to years ago.

Connect with nature as you are able. Activities for seniors such as gardening, walking, bird watching, nature photography, will help keep you fit and healthy for a long time and also make you appreciate nature and avoid stress.

Active Learning shouldn't end just because we age. Learning is not only fun but it's also an amazing way to keep your brain active. Try turning on that laptop or tablet that's just been sitting around your house. Now's a good time to just play around with it and see if you can figure it out. You have nothing to lose and everything to gain! If you get it working, that leads to more exploring with games and browsing the internet to look up something you've always wondered about. OR, you can open one of the coffee table books you've had lying around collecting dust!

Here are some websites for free online printable worksheets and adult coloring pages:

https://www.puzzles.ca/	https://thewordsearch.com/printable/	https://www.math-drills.com/
http://www.onlinecrosswords.net	/ https://englishforeveryone.org/	https://mondaymandala.com/m
https://www.justcolor.net/		

Caregivers: Remember, a phone call can brighten a day; the dollar stores have simple craft kits, cooking together with your loved one is quality time (have them peel potatoes, slice veggies or dry the dishes). People need to feel a sense of usefullness and purpose. You can do that for your loved one, and in turn you will feel good too!

Simple Chair Exercises

Too cold to go outside? Stay active by doing simple chair exercises. Be sure you are seated in a sturdy chair and stop a movement if it hurt. Stay hydrated while exercising. Have a glass of water beside you while exercising.

Directions

- Sit in chair, take three deep breaths, lifting arms above head for inhale and down for exhale each time.
- Reach one hand toward ceiling, hold for 5 seconds. Repeat with the opposite hand Relax your shoulders
- Shrug your shoulders 5 times.
- Stretch arms to the sides, move in circles-10 times forwards, then 10 times backwards.
- Relax your shoulders Place your hands on your shoulders and roll them forward 10 times, then backwards 10 times.
- Keeping your shoulders relaxed and hands on your shoulders, touch your elbows together 10 times
- Reach both hands toward the ceiling, lean to the right and hold for 10 seconds. Then lean to the left and hold for 10 seconds, repeat.
- Take three deep breaths Relax your shoulders, lean head to right shoulder, hold for 5 counts, then left shoulder.
- Move your hand down your leg reaching toward your foot, and back up again. Repeat 5 times, switch to opposite leg.
- Place your hands on your thighs, keep your back straight and lean forward and hold for 5 counts and back 5 times.
- Stamp your feet 10 times Wiggle your toes for 10 counts.
- Place your feet flat on the floor. Point your toes up toward the ceiling, hold for 5 counts. Repeat 5 times
- Lift your knees one at a time holding for 5 counts. Repeat 5 times each.
- Bend at waist, reaching hand to opposite toe. Hold for 5 counts. Repeat with opposite, hand 5 times.
- Wiggle your fingers for 10 counts.
- Place hand on opposite knee and turn to look behind you, hold for 5 counts, repeat other side
- Cool down by taking three deep breaths, lifting arms above head for inhale and down for exhale each time.
- Give yourself a hug and hold for 5 counts!



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Regional District of Kootenay Boundary

SENIOR'S LUNCHES

Tuesdays at 12:30 pm Fruitvale Hall \$10 admission at the door January 16, March 19, April 16 Please rsvp to Jayme at 231-7260 bvevents@rdkb.com

SENIORS DINNER &

DANCE February 27, 2024 Fruitvale Hall. \$20, tickets will be sold at January 16 lunch and at Village Offices starting January 2

STAY SAFE Ages 9+ Instructor: Nicole Morrison Saturday, February 24, 2024 9 am – 1:30 pm \$40 Montrose Lower Hall Call BV Recreation at 231-5172

BABYSITTING COURSE

Instructor: Nicole Morrison Ages 11+ Saturday, January 6, 2024 9 am – 4:30 pm \$65 Montrose Lower Hall Call BV Recreation at 231-5172

PM GENTLE YOGA

Instructor: Jodi Ihas Thursdays, starting Jan. 11 (omit January 25), 7 - 8:15 pm \$75 - 6x, \$120 - 12x, \$14 drop in (Passes can be used at all Yoga classes, Qigong and BWB&B) Fruitvale Hall

To pay over the phone, call BV Recreation at 231-5172 or bring cash or cheque to Jodi at class

Beaver Valley Recreation

Follow us on Facebook under Beaver Valley Recreation <u>www.rdkb.com</u> Click on Recreation & Culture, Beaver Valley

A.C.T. FITNESS CLASS

Instructor: Violet Richtsfeld Aerobic + Chair + Tone. Bring a set of 1 or 2 lbs hand held weights. Tue & Thur, Jan. 9 – March 28 (no class Jan.18, Feb.15, Mar.14) (make up classes on Jan. 19, Feb. 16, Mar. 15) 9:30 - 10:30 am Montrose Hall \$110 - 10 punch pass, \$13 drop in For passes and more information, call Violet at 367-6448

BODY WEIGHT, BANDS & BALLS

Instructor: Wendy Robertsen Fitness bands and 2-5 lb weights are required. For all fitness levels. Mondays & Thursdays Starting Jan. 8 (omit Feb. 26) Noon – 1 pm at Fruitvale Hall \$75 - 6x, \$120 – 12x, \$14 drop in (Passes can be used at all Yoga classes and Qigong) To pay over the phone, call BV Recreation at 231-5172 or bring cash or cheque to Wendy at class

ASTROLOGY BIRTH CHART WORKSHOP

Instructor: Michele Cherot This will be an interactive workshop. Please register by February 22. Michele will contact you for the date, location of birth and your birth time. Wednesday, February 28, 2024 6 - 9 pm Montrose Hall

\$55 (includes copies of your birth chart and worksheets) Call BV Recreation at 231-5172

AM GENTLE YOGA

Instructor: Wendy Robertsen Wednesdays, starting January 10 9 – 10:15 am \$75 - 6x, \$120 – 12x, \$14 drop in (Passes can be used at all Yoga classes, Qigong and BWB&B) Montrose Hall To pay over the phone, call BV Recreation at 231-5172 or bring cash or cheque to Wendy at class

ZUMBA ages 12+

Instructor: April Arnot Mondays & Thursdays Starting January 8, 2024 (omit Feb.19 & 26, Mar.28, May 20) 6:30 - 7:30 pm \$50 - 5x, \$92 - 10x, \$172 - 20x, \$12 drop in Fruitvale Hall on Mondays Montrose Hall on Thursdays To pay over the phone, call BV Recreation at 231-5172 or bring cash or cheque to April at class

REIKI with Stan Skoumal

Looking to see if there is interest in hosting a Reiki seminar in Jan or Feb. Open to all ages. There is no fee for this course. To show your interest, call Kelly at 250-231-5172

ZUMBA KIDS

Instructor: April Arnot Mondays Jan. 22–Mar. 11 (omit Feb. 19 & 26) 3:30 - 4 pm Kids Jr. (4-6 yrs) \$35 4:15 - 5 pm Kids (7-11 yrs) \$45 Fruitvale Hall Call BV Recreation at 231-5172

CHAIR YOGA

Instructor: Abby Verigin Tuesdays & Fridays Starting January 9 (omit January 16, 26, February 27, March 19, April 16, May 21, 24) Noon – 1 pm \$75 - 6x, \$120 – 12x, \$14 drop in (Passes can be used at all Yoga classes, Qigong and BWB&B) Fruitvale Hall

To pay over the phone, call BV Recreation at 231-5172 or bring cash or cheque to Abby at class

RESTORATIVE DEEP

STRETCH

Instructor: Abby Verigin Wednesdays Starting January 10

6 – 7 pm

\$75 - 6x, \$120 - 12x, \$14 drop in (Passes can be used at all Yoga classes, Qigong and BWB&B) Montrose Hall

To pay over the phone, call BV Recreation at 231-5172 or bring cash or cheque to Abby at class

STANDING BALANCE WORKSHOP

Instructor: Wendy Robertsen Saturday, February 24, 2024 Improve your balance and posture. Increase strength and flexibility. 1-3 pm \$30 Fruitvale Hall To pay over the phone, call BV Recreation at 231-5172 or bring cash or cheque to Wendy at class

SENIOR LINE DANCE

Instructor: April Biscaro Fridays, January 5 – March 22 (January 26 is at the curling rink) 10 - 11 am \$1 per person per week drop-in Fruitvale Hall For more information, call April at 250-921-9733

HOT SHOTS HOCKEY

Deadmarsh Skating Dynamics Jan. 21 – March 10 at the BV Arena (omit Jan.28 & Feb.18) 4:45 – 5:15 pm Must stand on own 5:15 – 6 pm Must be able to skate Register on-line at https://deadmarshskatingdy.wixsite.c

om/deadmarshskatingdyna or call Serena at 921-4559. Cost is \$40 for the 6 classes. Full gear is required.

PERSONAL TRAINER

April Arnot is a personal trainer, 12 years certified. Please contact her directly at 250-231-5919 for information on 1 on 1, pairs or small group trainings

AYURVEDA

WORKSHOP

Instructor: Wendy Robertsen Saturday, February 10, 2024 Examine the nature and qualities of the DOSHAS and how you can apply Healthy eating, Lifestyle and Creativity to bring yourself into balance. 1 – 3 pm \$30

Fruitvale Hall To pay over the phone, call BV Recreation at 231-5172 or bring cash or cheque to Wendy at class

18 LOHAN QIGONG

Instructor: Shawn Ready Tuesdays, starting January 9 6:30 – 7:30 pm \$75 - 6x, \$120 – 12x , \$14 drop in (Passes can be used at all Yoga classes and BWB&B) Montrose Hall To pay over the phone, call BV Page of the phone, call BV

Recreation at 231-5172 or bring cash or cheque to Shawn at class

SHOOT WITH THE NITEHAWKS

January 14 5 - 6 pm \$3 Youth, \$4 Adult, \$10 Family Bring your stick and helmet

CHRISTMAS SKATING

December 23 12:30 – 2 pm December 24 11:30 – 1:30 pm Free hot dogs & juice boxes & see Santa! December 27 - 31 12:30 – 2 pm January 2 - 5 12:30 – 2 pm Christmas Skates are funded by BV Lions Club, Western Financial Group, BV Dental Centre, Kiwanis Club, KSCU, Fruitvale Canco, Trail Fair Society & Fruitvale CO-OP. Free skate rentals are funded by Atco Wood Products.

JAN PUBLIC SKATING

January 14 3 - 4:30 pm January 21 3 - 4:30 pm

FEB PUBLIC SKATING

February 43 - 4:30 pmFebruary 166 - 7:30 pmFebruary 183 - 4:30 pmFebruary 236 - 7:30 pmFebruary 253 - 4:30 pmToonie Skate Tue & Thur 10-11am

There is limited public skating and Drop in Hockey in Jan & Feb due to six hockey tournaments.

DROP IN HOCKEY

Full hockey gear is required for ages 4+. Tot hockey requires a helmet. \$5 admission at the skate shop. Dec 23, 6-7pm, Ladies Dec 27, 11-noon, ages 4-8 Dec 28, 11-noon, ages 9-14 Dec 29, 10-11am, Parent & Tot Dec 30, 6-7pm, Ladies Jan 21, noon-1pm, ages 4-8 Jan 21, 1-2pm, ages 15-18 Jan 28, 6:30-7:30pm, ages 15-18 Feb 11, 6:30-7:30pm, ages 9-14 Feb 16, 10-11am, Parent & Tot Feb 16, 11-noon, ages 9-14 Feb 16, 12:30-1:30pm, ages 4-8 Feb 16, 1:30-2:30pm, ages 15-18 Feb 17, 3-4pm, ages 4-8 Feb 17, 4-5pm, ages 9-14 Feb 18, 12:30-1:30pm, Parent & Tot Feb 18, 1:30-2:30pm, ages 15-18 Feb 18, 5-6pm, Ladies Feb 23, 3:30-4:30pm, Parent & Tot Feb 23, 8-9pm, Ladies