FRUITVALE & AREA A NEWS

February 2022

Join the Area 'A' Town Hall.

Ali Grieve, Area 'A' Director for the Regional District of Kootenay Boundary, invites you to a virtual town hall meeting Monday, February 7 at 6:00 pm on Zoom.

Find out about the proposed 2022 Budget and 2022 - 2026 Five-Year Financial Plan. Ask questions and comment about programs and services, how we operate and what your tax dollars fund.

Come chat with Ali!

Prizes drawn at the end of Zoom meeting!

More Information:



https://rdkb.com/town-halls



awinje@rdkb.com



250.368.0225



FAMILY FUN SNOW DAY

Mazzocchi Park Fruitvale February 12th 11AM - 2PM

Join your friends and neighbours at the park!

EVENTS

- > Snowshoeing hike around the park or race your friends
- > Orienteering
- > Scavenger Hunt
- > Snowman Contest
- > Tug of War
- > Kiddies play area toys, sled rides, snow painting
- > Art tent with button making
- > BV Nitehawks players, bus, & swag store

FOOD

PARTICIPATION PRIZES

For anyone who attends including spectators. Bring a chair, watch the fun! **Prizes and Give-aways include:**

Snowshoes & Beaver Valley Cross Country Family Ski Pass
Disc Golf Discs & BV Nitehawks Swag & Beaver Valley Skate Passes
Trail Aquatic Passes & Crazy Carpets & Up to Snow Good tattoos & stickers









Beaver Valley – Home is Where the Heart is

A few years ago, some young regional district residents planned to get "Area A" tattooed on their arms. I don't recall how many of them actually went through with it, but I remember their pride in making this valley their home. While my physical address is in Area A, my heart "lives" in the Beaver Valley. Both municipal and regional district residents make the Beaver Valley home; we live, work, play and plan our lives here. I consider the Valley my community, our community.

Every community's Official Community Plan (OCP) is unique. An OCP is an official policy document that communities use to set their long-term vision and goals, along with strategies to achieve those goals. OCPs also include policies and objectives that guide land use management. A key tenet of most OCPs is development around central services within the heart of the community. Around the core, communities plan and develop neighbourhoods, gathering places, recreation services and other amenities.

Regardless of whether your address is municipal or regional district, we all use and rely on the services and businesses within the downtown Village core. That shared use binds us into the greater Beaver Valley community.

It is because of the close ties between Area A and Fruitvale that Area A always considers the Village for grant awards or looks for joint projects that support all Beaver Valley residents. The more we share, the more we all benefit. An additional benefit is that joint projects play an important part in reducing greenhouse gases. When services are shared, the carbon footprint is reduced.

It gives me great pride to report on the some of the grants that Area A has contributed to the Beaver Valley:

Beaver Valley Public Library	Jingle Down Main	BV Blooming Society
BV Food Hamper Fund	Rally in the Valley: Sanctuary	VoF: Remembrance Day
BV Thrift Shop	BC Senior Games	BV Cross Country Ski Club
BV Curling Club	BV May Days Society	Montrose Family Fun Day
Nutrition Coupon Program	VoF: Harvest Garden & Tool Shed	BV Nitehawks Society
Fruitvale Elementary School Benches	BV Recreation Seniors Dinner	Women's Transition House
VoF: Public Art	VoF: Community Meals	

Non-profit groups within the Beaver Valley can email me to enquire about the grant application process, including eligibility requirements, at agrieve@rdkb.com.

In addition to directs awards, Area A has contributed almost **\$900,000** of the Canada Community Building Fund (CCBF) to help improve recreational facilities, services and parks:

- 1. South Columbia Search & Rescue: Hall Upgrade
- 2. BV Arena: Lighting Upgrades
- 3. BV Family Park: Solar Hot Water/Electrical & Washroom Upgrades
- 4. Village of Fruitvale: RV Park
- 5. Beaver Creek Park: First Nations Arbor and Campground Upgrades
- 6. Fruitvale Elementary: School Playground

- 7. Train Station in Fruitvale
- 8. Universal Broadband Fund
- 9. Lower Columbia Agriculture Plan
- 10. Curling Club: Kitchen Upgrade
- 11. Snowmobile Association: Backcountry Shelter
- 12. Champion Lakes Golf Course: Metal Roof/ Lighting/Deck Rails

The Area A Grant-in-Aid and the CCBF have enabled the development and expansion of some key recreational activities for the benefit of community members. Both grant programs focus on community collaboration, regardless of physical address, underscoring again that village and regional district residents are all Beaver Valley citizens.

Please join me for the Annual Area A Town Hall on February 7 @ 6 pm via Zoom. Details available at www.rdkb.com and on the front page of this newsletter.

Hoping everyone is well and still smiling through all the challenges we are facing with the pandemic, extreme weather, and supply chain challenges.

Council is currently focused on our budget for 2022 and trying our best to provide service levels that meet residents' needs while limiting budget increases in this time of heated inflation. Snow removal is one of those services that consumes a significant portion of the budget, this Christmas and last we were the recipients of a "perfect storm" where there are typically two statutory holidays and a weekend making up four days where only priority roads get cleared. When we have multiple significant snowstorms during this break it leaves us with buried sidewalks and secondary roads within the Village. We will consider this at our scheduled review and most likely adjust our snow clearing policy to address this. Please do not berate our staff on the machinery or at the office as they are simply following Council's policy. Please state your concerns to staff at the Village Office to be passed on to Council or e-mail any and all members of Council as we set the snow clearing policy not staff. Our email addresses are listed on the Village's website under the Council tab.

We are looking forward to progress on a number of significant projects in the Village this year and, like everyone, we are hopeful to get back to public gatherings where we can once again socialize and further enjoy our beautiful community. In the meantime, keep smiling and get outside if you can. So far we have had a magical winter for snowshoeing, skating, skiing, and walking.

REGIONAL DISTRICT OF KOOTENAY BOUNDARY UPCOMING MEETINGS

All meetings are held via Zoom Video Conference

Board of Directors

February 2 & 24, 2022 **for Budget** @1:00pm February 9 & 23, 2022 @ 1:00pm

Electoral Area Services Committee

Thursday, February 10, 2022 @ 10:00am

East End Services Committee

Tuesday, February 15, 2022 @ 10:30am

BV Regional Parks & Trails Committee

Tuesday, February 15, 2022 @ 9:00am

VILLAGE OF FRUITVALE UPCOMING COUNCIL AND COMMITTEE OF THE WHOLE MEETINGS

Meetings are held at 4:00 pm in the Fruitvale

Memorial Center and via Zoom Video Conference at

https://us02web.zoom.us/j/3353726693

Meeting ID: 335 372 6693

Regular Council - February 7, 2022

- March 7, 2022

Committee of the Whole - February 28, 2022

- March 21, 2022

Parking at Fruitvale Elementary School

Parents of children attending Fruitvale Elementary School are reminded that children <u>should be dropped</u> <u>off and picked up at the bottom of the stairs on Beaver Street</u>, just past the lower field or <u>at the footbridge area along Laurier Avenue</u>.

Parents and caregivers <u>should not</u> be parking along Columbia Gardens Road or on private property to drop off or pick up children. Also, there is a sidewalk on Columbia Gardens Road that should not be parked on and there are yellow 'no parking' lines that need to be observed.

Parents, caregivers and residents of Beaver Street East are also reminded of the sidewalk along Beaver Street from the intersection of Columbia Gardens Road to Laurier Avenue. Please do not park vehicles on the sidewalk as it puts pedestrians in danger when they have to walk around the vehicles and onto the road.

Please, for everyone's safety, drop-off and pick-up your children in the designated areas.

DID YOU KNOW...

Animal Responsibility, Business Licenses and Home Occupations

As per the Village of Fruitvale's Animal Responsibility Bylaw No. 922:

- ⇒ The owner of a dog over the age of 4 months must hold a valid license issued by the Village for the dog.
- ⇒ Every license expires on December 31 of the calendar year for which the license is issued.
- ⇒ The owner of a dog over the age of 4 months must not allow the dog to be anywhere except on the premises normally occupied by the owner unless the dog wears a collar with a valid license tag attached to the collar.
- \Rightarrow All dogs in public places must be on a leash and in the control of a competent person.
- ⇒ All dog owners must not allow their dog to defecate in a public place or on private property unless the excrement is immediately removed and lawfully disposed of in a designated dog waste bin or household garbage.
- ⇒ Where an owner has a valid dog license issued by another municipality, on surrender of such license to the Village of Fruitvale and payment of \$5.00, the owner shall receive a replacement license for the current year. A reduced fee for replacement of a license issued in another municipality shall not apply to a dog previously deemed dangerous in another municipality and the full license amount shall apply to such dog.
- ⇒ An Owner may obtain a replacement license tag if a valid license tag is lost or destroyed by paying the replacement dog tag fee.

To obtain a current dog license tag contact the Village Office by email info@village.fruitvale.bc.ca or phone, 250-367-7551.

The Village of Fruitvale's Animal Responsibility Bylaw No. 922 covers more than just dogs. It covers animal welfare, dogs, kennel regulations, dangerous dogs, cats, rabbits, companion animals, urban chickens, bees, wildlife, seizing and impounding animals, and penalties and enforcement.

As per the Village of Fruitvale's Business License Bylaw No. 877:

- ⇒ No person shall carry on any business within the Village without a valid and subsisting business license issued to that person under this bylaw.
- ⇒ Business licenses are non-transferable. Anyone purchasing or taking over an existing business must apply for a new business license.
- ⇒ Business licenses must be renewed yearly. License period runs January 1 to December 31.

As per the Village of Fruitvale's Zoning Bylaw No. 846, Section 10.2 Home Occupation

- ⇒ Home Occupation means development consisting of the use of a dwelling unit for a business by a resident who resides for more than 240 days of a year at that lot. The business must be secondary to the residential use of the lot and shall not change the residential character of the lot. Home-based occupations require a business license.
- \Rightarrow A home occupation is permitted within the principal dwelling or one accessory building in all residential zones.
- ⇒ The character and appearance of the principal dwelling or accessory building must remain residential.
- \Rightarrow The maximum floor area for the home occupation is 25% of the total floor area of the principal dwelling to a maximum of 40 m².
- ⇒ The maximum number of signs to be located on the property is one non-illuminated sign with a maximum sign area of 0.3 m2 and a maximum height of 1.5m for a free standing sign and is to be related to the home occupation business operated on the property.
- \Rightarrow Home occupations can only employ persons who permanently reside in a dwelling unit located on the subject property.
- ⇒ Home occupations must not produce noise, vibration, smoke dust, odour, litter or heat outside the confines of the confines of the principal or accessory building; must not create off-site traffic congestion or parking congestion; and must no create a fire hazard, glare or electrical interference.
- ⇒ Retail sales are permitted onside provided the product is produced on the premises.

To read the above bylaws visit our website at https://fruitvale.icompasscms.com/content/municipal-services-bylaws-policies-development-forms-and-maps.

Village of Fruitvale **Garbage & Recycling** Calendar



28

FEBRUARY 2022

3

10 11

17 18

24 25 12

19

26

LEGEND South Side Garbage North Side Garbage South Side Recycling North Side Recycling

Please keep household garbage and recycling in a secure location until the morning of your garbage day and recycling.

Streetlights

Residents are asked to report any non-working streetlights to the Village Office by phone, 250-367-7551 or email to info@village.fruitvale.bc.ca.

When reporting the non-working light to the Village Office please have the number listed on the pole (yellow with black numbers), the street address of the house closest to the pole and the problem with the light, whether it is completely out or is intermittently flashing on and off. We will then report the light to Fortis BC for repair.

2022 Water, Sewer and Garbage User Fees

The Village of Fruitvale will have the 2022 water, sewer and garbage bills will be sent out by the end of February. A 5% discount will be offered until March 31 on utilities and extra packages of garbage bags.

The package of garbage bags included with the utility billing can be picked-up after the bills have been sent out. Utility Fees do not need to be paid at the time of picking up bags. If you run out of garbage bags before the utility bills are mailed, you will have to purchase more at the Village Office.

Outstanding utilities at the end of December 2021 have been transferred to property taxes in arrears are now subject to interest as of January 1.

Acceptable forms of payments are: e-transfer; online banking through BMO, CIBC, Scotiabank and KSCU; debit, cheque or cash at the Village Office. Cheques can also be mailed to Village of Fruitvale, Box 370, Fruitvale, BC V0G 1L0. Post-dated cheques to March 31 are accepted.

The Village Office has a drop-box for after-hours payments. Please ensure your payment is in a sealed envelope when using the drop-box. E-transfers must be sent to finance@village.fruitvale.bc.ca. When making payments to the Village, it is very important to reference your roll number, property address and what your payment represents.

If you have any questions, please contact the Village Office, 250-367-7551 or info@village.fruitvale.bc.ca.

Beaver Valley Youth Action Network

BV teens aged 12-18 are invited to the BVYAN Glow Skate at the BV Arena on Friday Feb. 18 from 6:00 - 7:30pm.

The 'Ski Red" program continues. If you are interested in the program or want more information on any BVYAN events and programs please contact Tammy, BVYAN Coordinator, at beavervalleyyan@gmail.com and don't forget to follow BVYAN on Facebook at Beaver Valley Youth Action Network to keep up-to-date on their events.

Family Day Office Closure

The Village of Fruitvale Office and Public Works Department and the Regional District Kootenay Boundary Office will be closed on Monday, February 21 in recognition of the British Columbia Family Day statutory holiday.

For emergency matters needing immediate attention, call the public works department at 250-367-6162. The answering service will relay your emergency to the employee on call.

Enjoy the extra time spent with family.

Beaver Valley May Days 2022 Cancelled!

The current board of directors for May Days will be stepping down this year, and without others to take their place, this organization will unfortunately be dissolved. Due to the lack of volunteers and the uncertainty with COVID related restrictions, May Days 2022 has been cancelled.

There is still hope, however, as the current board is willing to stay on in name for the next few months to allow more time to recruit new members. We understand that everyone has had a rough few years and volunteers are hard to find for all organizations, but if you can spare a few hours a week and/or know others who could do the same, that is all it will take to keep things alive. This is a great way to give back to the community and the more volunteers, the lighter the workload for all! With enough help this year a smaller event could still happen even if it's not the same May Days as in past years.

Please go to our new, upgraded website to sign up, find more information, or put forth your of nominations for board directions https://www.beavervallevmavdavs.com/

The AGM has been re-scheduled for April 6, **2022 at 7:00pm**. At this point the plan will be to have an in-person meeting at the Fruitvale Christian Fellowship Church; stay tuned for any COVID related changes.



The Beaver Valley Recreation Committee (BV Rec) had a busy and successful 2021. For a full range of BV Rec programs, brochures and schedules visit https://rdkb.com/bvrec

Bike Pump Park is Ready to Ride this Spring!

Construction has been completed in Lower Mazzochi Park and we are so excited for you to check it out!





Get Closer to the Action at Mazzochi Park Playground A new picnic table was installed by the playground for those families wanting a front row seat.



VIP Tickets coming soon....
Project Planning is off the rails for Beaver Siding Train Station!

Keep in touch with friends and family

A new WIFI system was installed at Beaver Valley Family Park.





Coming Up... A town hall meeting in the spring to talk about trail development (pending Covid-19 restrictions)

Beaver Valley Recreation Programs

Babysitting Course - Saturday, Feb. 26, 9am - 5pm, \$65, ages 11+

Stay Safe Home Alone - Sunday, Feb. 27, 9am - 2pm, \$40, ages 9+

Body Weight, Bands & Balls - Fridays, starting Jan. 28, Noon-1pm, Fruitvale Hall

Gentle Yoga with Wendy Robertson – Tuesdays, starting Jan. 25, 7-8:15pm, Fruitvale Hall

Gentle Yoga with Jodi Ihas - Thursdays, starting Feb. 3, 7-8:15pm, Fruitvale Hall

A.C.T. (Aerobics Chair Tone) Fitness - Tue & Thurs, starting Jan. 25, 9:45-10:45am, Fruitvale Hall

Seniors Line Dancing - Fridays, starting Jan. 28, 10-11am, Fruitvale Hall

Astrology Birth Chart Workshop - Wednesday, Mar. 2, 6-9pm, Montrose Hall

Pro-D Day Skate - Friday, Feb. 18, 1-2:30pm

Skate and Shoot with the Nitehawks - Saturday, Feb. 19, 4:30-6pm

Public skating – Proof of Vaccine Passport needs to be shown to skate shop worker upon arrival. \$2.50 child, \$3.50 adult, \$9.00 Family

Ages 3-8 Drop-in Hockey - Feb. 13 - 6:30-7:30pm; Feb. 18 - 10-11am and Feb. 20 -10:30-11:30am. Nets and pucks are provided. Full gear is recommended. \$5 admission at skate shop.

Ages 9-15 Drop-in Hockey - Feb. 6 - 6:30-7:30pm, Feb. 18 - 11:30-12:30pm and Feb.20 & 27 - 5-6pm. Full hockey gear is required. Nets and pucks are provided. \$5 admission at skate shop.

To register for any of the above programs, please email Kelly at kwalker@rdkb.com or leave a message at 250-367-9319.

Beaver Valley Recreation is on Facebook. Please like and follow our page to get up-to-date information on skating, programs and events. Information can also be found at www.rdkb.com



BEAVER VALLEY AGE FRIENDLY COMMUNITY

FEBRUARY 2022 AGE FRIENDLY NEWSLETTER

Tuesday Take-Away Lunch

January's lunch served 151 BV seniors! We hope you all enjoyed your lunch.

The next Tuesday Take-Away Lunch is on **Tuesday, February 15, 2022**. Please register with the Village of Fruitvale Office on or before <u>February 9,2022</u> by phone or email to 250-367-7551 or info@village.fruitvale.bc.ca. Be sure to leave the name(s) of who the lunch is for, the municipality where you reside and your phone number.

Lunches must be picked up between 12:30 pm and 1:00 pm inside the Fruitvale Memorial Centre. Please ensure a mask is worn when picking up lunches. If you need to cancel your lunch, please call Vickie at 250-512-9379.

BV Age Friendly Fundraising Draw

Beaver Valley Age Friendly received three beautiful hand-made donations for a Valentine's Day

draw - a lovely quilt made by the Outreach Quilters and two pens handcrafted with resin and shaped with a wood lathe made

by Al and Brohdie LaRocque.



draw names after the lunch and the winners will be contacted and we will deliver the prize to you. All proceeds will go towards BV Age Friendly programs.

Thank you to the Outreach Quilters and Alan and Brohdie Larocque for your support of our Age Friendly program.



Connecting Generations Thru Letter Links Program



Beaver Valley Age Friendly in conjunction with the Fruitvale Elementary School students continue with their *Connecting Generations Thru Letter Links* program. Keep an eye on your mailbox.

THANK YOU TO OUR SUPPORTING PARTNERS







BEAVER VALLEY AGE FRIENDLY COMMUNITY

Activities for Seniors with Limited Mobility

1. Spend time reading

Reading is a fantastic activity for older adults. It's a fun way to spend time and keep the brain engaged. It can also improve memory, reduce stress, improve sleep, and delay cognitive decline. Whether your older adult likes reading physical books, magazines, using an <u>e-reader</u>, or listening to <u>audiobooks</u>, they can immerse themselves in a well-told story, look at photographs and write on the back the date when the photo was taken and who is in the photo, or learn about an interesting new topic. Organizing a book club among their friends is another way for seniors to enjoy reading and socializing.

2. Explore a variety of hobbies

Hobbies are great for older adults with limited mobility. Activities that don't require a lot of moving around include cooking, baking, birdwatching, knitting, crochet, indoor or container gardening, playing a musical instrument, or learning a language. This is also a perfect time to learn something new – maybe there are hobbies or interests they've never had a chance to explore before. Learning is also a great way to keep the mind active and prevent boredom.

3. Exercise regularly

Even if your older adult isn't very mobile, there may still be exercises they can do to get their bodies moving. Whether they're sitting or standing, they can still get the health and mood benefits, especially from seated exercises or chair yoga routines. There are also exercise routines that can be done using a walker for stability or just focused on the feet and ankles to reduce swelling.

4. Get creative

Getting in touch with their creative side is another fun way for seniors to spend time. Drawing, coloring, painting, and sculpture are all wonderful ways to be creative. Fun projects might include creating scrapbooks, organizing family photo albums, or making a family recipe book. As a plus, being creative also comes with health benefits. Research has found creative activities can help people who are battling chronic illness to decrease negative emotions and increase positive ones, reduce stress and anxiety, and improve medical outcomes.

5. Spend time outdoors

Getting outside to spend a little time in nature is relaxing and a great mood booster. Even if their limited mobility means that your older adult can only get to the porch or sit next to a big window, getting some fresh air or viewing the scenery is a great everyday activity.